





Newsletter-Humanities

Official News from the Department of Humanities, CUI Lahore Campus

The Department of Humanities at CUI Lahore strives to uphold the principles of diversity and integrity in academia. Broadly, humanities are concerned with acquisition of knowledge about human beings, their culture, and the development of skills set derived from an appreciation of socio-ethical values and soundness of expression. The humanities are different from the physical and biological sciences, and even from the social sciences, on the basis of their content and methodology. This department works with the basic understanding of humanities and questions the definitions of 'human,' 'culture,' and 'knowledge.'

At Humanities, we focus on such distinctive patterns of individual growth, which leads towards an achievable ideal of social and national progress. Our mission is to make it a place where intellectual connections are fostered beyond the limits of traditional university departments, and where interdisciplinary collaborations and pedagogical innovations happen effortlessly. My heart fills with immense pride when I look at the fast pace of intellectual progress at the department. Our students and faculty members have worked with a remarkable zeal in very trying times of global pandemic, to produce excellent research and they are ready to step on the leaning horizon. Together, we are ready to embrace an amazing future!



Message from the Director

Prof. Dr. Syed Asad Hussain Director-CUI, Lahore Campus The Department of Humanities has shown a remarkable potential to reintegrate diverse ways of teaching and learning. Our programs encourage students and faculty to think critically, imagine limitlessly, and encounter problems without hesitation. We draw on cross-disciplinary perspectives that complement the efforts of early career researchers in the faculty and set an example for the research students in our graduate programs. Like every other department at COMSATS, Humanities has expanded its role of facilitating community-based research, supporting interdisciplinary courses, initiating multiple projects, organizing seminars, and engaging in a wide spectrum of courses each semester.

The department started its bachelor's degree program in the discipline of Psychology and made it a success. The faculty and the students worked to comprehend and emphasize upon the significance of mental health, which is fast becoming an often ignored, but very important aspect of our daily life. Similarly, the graduate program of English language and literature swiftly carved a niche for itself in the competitive academic circles. In everything we do, the department seeks to contribute to the public good by promoting the core values of the humanities and fostering academic dialogue, developing sustainable skills, highlighting students' hidden potential, and helping them utilize it in a fruitful way.

Our humanities community is progressing smoothly, and we will soon see our contributions making a difference in the national and global contexts.

Prof. Dr. Muhammad Ahmed Farooqui Head. Academics and Research



Message from Head Academic & Research

Greetings!!! We are excited to share some updates of our departmental activities.

Since the circulation of our last newsletter, the department has taken new initiatives and arranged a variety of events over the year. Despite the unprecedented challenges and heightened uncertainties in the wake of COVID-19 pandemic, our faculty remained determined, and we overcame the ordeal with an unflinching courage. I really appreciate my faculty's diligence in imparting education, acknowledge their research accolades. I applaud their efforts to arrange various online and onsite events including workshops, seminars, and study tours. Also, they accomplished a lot despite their arduous routine.

Our primary goal is to push our students towards academic excellence, while inculcating a sound moral character in them and encourage the development of their well-rounded personalities. Behind our success are the ideas and aspirations of all our stakeholders: our director, academic head, faculty, and students. I am sincerely thankful to all of them for extending their invaluable support in meeting all challenges. This newsletter gives you a glimpse of the fabulous research, academic, and extracurricular events at the Department of Humanities. Actions create history, and here we are committed to create new benchmarks of success. We look forward to helping our current students continue to soar and to welcoming our new students this spring. I hope that the readers will enjoy this journey into the life of our department, as much as we have enjoyed living it. Especial compliments for my editorial team that made this publication possible.



Message from Head of Humanities Department

Dr. Shameem Fatima Incharge, Humanities Department

Accolades



Dr. Javaria Farooqui, Assistant Professor of English, completed her PhD in English Literature (Society and Culture,) in January 2022, from the University of Tasmania, Australia. She received a scholarship from UTAS for her PhD research titled "Reading Historical Popular Fiction in 21st Century Pakistan." Her thesis examines the distinctive culture of reading Anglophone historical romance novels in Pakistan with a focus on upper-middle-class women and Regency romance texts. The project is the first to examine the retail and reading communities of romance novels in Pakistan.



Dr. Tooba Sami Ahmad (Lecturer in International Relations) completed her PhD in International Relations from the Department of Political Science, University of the Punjab, Lahore in Oct 2021. Her PhD thesis is titled "Global Climate Change: China's Emerging Role and Impact of China-Pakistan Economic Corridor (CPEC) on Climate of Pakistan". She examined various prospects of confrontations and compliance, collaboration and conflict, and competition and compromise in the international arena



Dr. Saima Akhtar Chattha (Lecturer in English) earned the degree of Doctor of Philosophy in Linguistics (Speech Disorders) in June, 2021 from the Imperial University, Lahore. Her thesis investigates the manifestation of stuttering behaviour in bilingual learners while exploring the severity of stuttering in L1 as Urdu and L2 as English. The study is unique in its essence as it is the first research study that gauges the severity of stuttering in relation to Urdu Language, thus a significant contribution to the field of speech disorders concerning bilingualism in the Pakistani Context.





CIMUN - The Sixth (2021)

COMSATS University Islamabad, Lahore Campus organizes CIMUN every year, and hosted its sixth iteration of COMSATS International Model United Nations from 22nd to 25th October. In collaboration with the Department of Humanities, CIMUN kept its legacy alive by bringing delegates from across the nation under one roof to engage in debates about pressing global issues. CIMUN hosted five committees: PNA, SOCHUM, DISEC, UNSC and UN Women, with more than 170 delegates from all over Pakistan. The opening ceremony took place on 22nd October, followed by committee sessions. The ceremony was addressed by of the worthy Incharge of the Humanities Department, Dr. Shamim Fatima. A total of 20 multiple universities and colleges attended the event including FAST, UOL, UCP, UMT, Bahria University Islamabad, NUST, PIEAS, UET, Rehbar Medical College, Superior University, Blackstone School of Law, LACAS and ALJT.

CIMUN was a success, with outstanding diplomacy, best delegate, honorary mention, and special mention awards achieved in all committees. Faculty advisor Ms. Kainat Khalid worked diligently alongside the students to help this event shape up and take place, with all protocols and dignity.

Online Workshop on Preventing Maltreatment in Educational Institutions: Training the Trainers

Ms. Maryam Amjad (Lecturer in Psychology) conducted an online pre-conference workshop on "Preventing Maltreatment in Educational Institutions: Training the Trainers" in 4th International Conference on "Neglect, Abuse, and Trauma: The Living Nightmares" held on 16th March 2021, organized by the Department of Clinical Psychology, School of Professional Psychology, University of Management and Technology, Lahore. This virtual interactive workshop intended to focus on the maltreatment, harassment and bullying experiences, being dealt by the students across the educational institutions and madrassas and everywhere nationwide, regardless of gender. The workshop attracted the participation of a massive number of students and faculty who not only shared their experiences but also actively participated in the question-answer session. The management of the maltreatment was discussed on different levels of preventive care that was appreciated by the host/moderator as well as the audience.

APOES 3.0

An All Pakistan Online Education Summit-APOES-2021 was organized by UMT Lahore on 15th -17th October. Department of Humanities, CUI Lahore as a strategic partner collaborated in the online summit. The Director, Prof. Asad Hussain graced the summit with his presence as a chief guest. He talked about digitalization of education and future prospects. Dr Shameem Fatima, In Charge Humanities, delivered a talk on Online Education and Digital Divide in Pakistan: Scope, Challenges, and Strategies" on 16th October. Ms. Maryam Jahangir presented a paper (co-authored by Ms. Shazia Aziz and Dr. Muhammad Faisal Aziz) on 'COVID19-Triggered Online Learning and Teaching: Challenges, Coping Strategies and Lessons Learnt' on 16th October. Ms. Sara Khan, Lecturer in English, was a part of the organizing committee. The APOES 3.0 was specifically designed to bring together tech firms, Ed-tech professionals, and academic experts on a single platform to explore strategies to meet the challenges presented by global COVID-19 pandemic which had metamorphosed our education system. The summit brought together ed-tech experts and academic fraternity representatives who shared cutting-edge ideas and introduced leading-edge online platforms to revolutionize online education.



Skills Development Workshop Trainer

Ms. Tooba Ahmed (Lecturer in English) conducted a workshop comprising four sessions on ommunication, presentation, writing and time management skills for a short-term training program organized by PASTIC Centre, Quaid e Azam University, Islamabad for IT Professionals from 15th February to 5th March.



Seminar on the Risk Factors for Adverse Outcomes with COVID-19 Infections and Its Management



Dr. Javaria Farooqui gave an online talk, on 12th December, through Romancing the Gothic platform, on the distinctive national genre of Pakistani horror drama series, which presents a never-ending struggle to define the boundaries separating the human and what is called extrahuman. Romancing the Gothic venture is run by an independent body of British scholars.

Javaria Farooqui
Writer and Researcher
Assistant Professor
COMSATS University Islamabad,
Pakistan

Ms. Sara Khan (Lecturer in English) arranged a seminar on "The Risk Factors for Adverse Outcomes with COVID-19 Infections and Its Management" on 29th October. The guest speaker Dr. Farhan Abdul Rauf, Consultant, Public Health Programs and Services, Rehabilitation, Disability and Chronic Illness WHO, created awareness about reducing risk factors to stay safe and stressed the need to boost our immunity. The seminar helped the attendees to develop an understanding of health risk assessment and patient education & safety. Dr. Asad Hussain, Director of CUI, Lahore Campus, presented a vote of thanks to the speaker. Dr. Shameem Fatima, Incharge Humanities, also graced the occasion with her presence and appreciated the opportunity to be enlightened about risk factors and preventive measures.

Dr. Javaria Farooqui was interviewed by "The Bridge" community of writers for her role as an education ist and researcher working on Popular Fiction on 12th January 2022. She talked about the Journal of Popular Romance Studies and the prospects of this research field in Pakistan. She also introduced Romancing the Gothic to Pakistani researchers.

The interview is available on "The Bridge" Youtube channel:

https://youtu.be/QSk_EubpelM.

Seminar on Seerat-e-Arabi SAW





COMSATS Islamic Cultural Society (CICS), under the supervision of Ms. Shazia Chand (Incharge of CICS) organized a seminar on Seerat-e-ArabiDr. Abdullah Mustafai gave a presentation on the truthfulness, honesty, and a balanced life, as portrayed and practiced by the Prophet SAW. By quoting various hadiths and practices from the life of Hazrat Muhammad SAW, he highlighted the sanctity of relationships. He emphatically said that students should learn how to disagree politely and respectfully as many prevailing societal challenges and division in ummah are due to our attitude towards differences of opinions. He urged that students must play their part in creating a balance between contemporary education and character building leading towards our ultimate target which is to serve humanity and not ourselves only.



Seminar on Secrat Un Nabi SAW

The Seerah of the Holy Prophet SAW captures the realities of the entire society that came face to face with divine Hadith and Sunnah. The lessons of His (SAW) life are of paramount importance particularly today due to the darkness and ignorance that have plagued the society despite its technological advancement. At a time when the world is fragmented divided and going through a global pandemic, the life of the Prophet SAW shines bright in guiding us and teaching us how to navigate through this tumultuous journey.

To highlight Seerah's sacred aspects and explore ways for its implementation in personal and social spheres, Dr. Musferah Mehfooz (Assistant Professor of Islamic Studies) and the faculty of Islamic studies organized an enlightening seminar on "Seerat Un Nabi SAW" on October 20. Mr. Ali Raza (Director, Rehla University & General Secretary, Pakistan Chamber of Education), Dr. Ishtiaq Gondal (Professor, Sheikh Zayed Islamic Centre, Punjab University) and Dr. Akran Rana (Ex Dean & Director, Departmentof Islamic studies, BZU University, Multan) were invited as guest speakers. Dr. Shameem Fatima (Incharge, Humanities Department) also graced the occasion and offered a vote of thanks. The organizing committee consisted of Ms. Iffat Khalid (Lecturer), Ms. Shamana Munawar (Assistant Professor) and Dr. Muhammad Zubair (Assistant Professor). The insightful seminar was followed by a question/answer session which enriched the audience's knowledge about the life of Holy Prophet Hazrat Muhammad □ and the teachings of Islam.

Virtual Open House

The Department of Humanities organized Virtual open Houses on different dates. These one and a half hourlong sessions were simultaneously broadcasted through Facebook, Instagram and Google Meet. The session in July was viewed by more than 1900 people and around 83 reactions/comments and shares were recorded. The subject specialists introduced their programs, advocated the scope, and significance of BS Psychology, Media Studies & MS English programs and answered various queries of the participants.

Our Second Virtual Open House was held on 4th August 2021, and it was as much a success as the first one. The teams of Psychology and English shared the achievements of their students who had secured admissions in foreign universities.

Seminar on Youth Empowerment and Peace Building

CICS arranged a seminar on "Youth Empowerment and Peace Building" on 15th December, under the dynamic guidance of Ms. Shazia Chand. The well-known motivational speaker, teacher and trainer at Youth Club, Muhammad Ali, delivered a talk to motivate and guide our youth so that they can channel their energies and potential in accordance with Islam. He focused on how the youth can achieve success by developing their mind, body, and soul.





Webinar on Interfaith Cooperation for Securing Peace in the 21st Century

Dr. Musferah Mehfooz (Assistant Professor of Islamic Studies) presented a talk on "Interfaith Cooperation" at the webinar on Interfaith Cooperation for Securing Peace in the 21st Century held during the UN-declared Interfaith Harmony Week 2021. Dr. Musferah Mehfooz spoke on the perception of diversity and the role of faith communities to bring peace. She elaborated on the crucial role of diversity which becomes a challenge when it is mismanaged and, undoubtedly, the proper management of diversity is impossible without perceiving its potential.



Online Seminar on Dementia Friends Session

Ms. Kainat Khalid organized an online seminar on "Dementia Friends Session" in collaboration with Alzheimer's Pakistan, a National Organization of Alzheimer's and related dementias, on 26th February. Dr. Hussain Jaffery, Secretary General Alzheimer's Pakistan, highlighted root causes, effects and treatment of dementia. Students were provided with an inclusive discussion environment where they were encouraged to share their experiences of dealing with any close relative, friends or peers who suffered from dementia. They also engaged in a healthy discussion that explored strategies for managing the challenging situations experienced by family caregivers. Main idea behind the seminar was to invite students for volunteer work in helping people with dementia.

Dr. Musferah Mehfooz participated a two-week workshop on "Novel Approaches to Mixed-Methods P/CVE Research and Practice," organised by National Consortium for the Study of Terrorism and Response to Terrorism (START) at the University of Maryland at College Park, USA, online from 9th to 23rd August.

Ms. Sadaf Fatima (Lecturer in English) attended a webinar on "Improving Research Planning skills using Elsevier Tools-Science Direct & Scopus" organized by ELSEVIER in collaboration with Fatima Jinnah Women University, Rawalpindi on 12th March. The webinar was presented by Vishal Gupta, Sr. Customer Consultant, Elsevier.







Students of BS Psychology, under the supervision of Ms. Maryam Amjad (Lecturer in Psychology) participated in an art competition based on the theme "Rise and Shine with Mental Wellness."

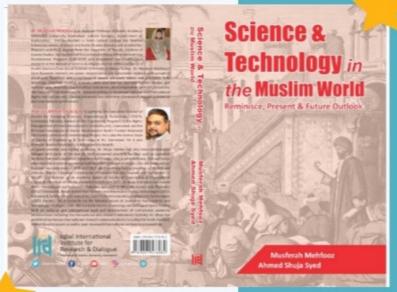
This competition was arranged for the students of colleges and universities at Punjab Institute of Mental Health, Jail Road Lahore, organized by Punjab Council of Arts on 23rd November, 2021. Ms. Ayla Zahid (SP20-BPSY) secured1st position in the competition with cash prize of Rs. 10,000.

Dr. Musferah Mehfooz (Assistant Professor of Islamic Studies) was invited for chairing a session at the Conference on Women's Rights of Recreation and Seerate-Tayyaba organized at University of the Punjab on 3rd & 4th November. She was also invited to participate as a session chair during a concurrent session of Paigham-e-Pakistan International Conference on Peacemaking, National Integration, Social Cohesion, and Interfaith Harmony held at Faisal Mosque Campus, IIU, Islamabad on 27th December. In addition, she had the honour of delivering a speech at the opening ceremony of an international conference arranged by University of Okara about Islamophobia's causes, effects and way forward on 14th June.





Research Publications



Musferah Mehfooz & Ahmed Shuja Syed. (2021). "Science & Technology in The Muslim World (Reminisce, Present & Future Outlook), Publishres: Iqbal Research & Development (IRD), International Islamic University, Islamabad, Pakistan

Dr. Musferah Mehfooz. (2021).

"Religious Extremism in Responding to COVID-19 Crisis in Pakistan:

Understanding Religious Narrative in the light of Islamic Guidelines,

Sustainable Development in a Digital Society," published in collaboration with Sustainable Development Policy Institute (SDPI) and Sang-e-Meel.

Shameem Fatima, Noreen
Fatima & Amina Muazzam.
(2021). "Assessing Familial
and Social Factors of Life
Satisfaction in Pakistani
Transgender and Non-binary
Individuals: Implications for
Counseling." Journal of LGBTQ
Issues in Counseling, pp. 6785, Volume 06, Issue 01.

Shameem Fatima, Nida Mehmood & Muneeba Shakil. (2021)

"Mediated Associations Between Religious Coping, Self-Regulation, and Psychological Distress Vary for Young Muslim Men and Women in Lahore, Pakistan."

Journal of Religion and Health (ISI Impact factor 1.898)

Musferah Mehfooz. (2021).

"Understanding the Impact of
Plague Epidemics on Muslim
Mind during the Early Medieval
Period." Religions Journal ISSN:
2077-1444, Scopus & Web of
Science Indexed Vol. 12 Issue 10,
pp: 34-58

Musferah Mehfooz. (2021). "Women and Ḥadīth Transmission: Prolific Role of 'Ā'isha in Validation and Impugnment of Prophetic Traditions." Al-Bayan: Journal of Qur'an and Hadith Studies, Scopus & Web of Science Indexed, ISSN: 2232-1950, Vol.19, Issue 2, pp: 1-28.

Musferah Mehfooz. (2021). "Religious Freedom in Pakistan: A Case Study of Religious Minorities." Religions Journal, ISSN: 2077-1444, Scopus & Web of Science Indexed, Vol.12, Issue 51, pp: 1-16.

Musferah Mehfooz. (2021). "The Role of Peace in Stability of the Society an Analysis in Islamic Perspective." Research Journal Al Basirah, ISSN: 2520-7334, Print: 2222-4548, Vol.10, Issue 1, pp: 25-46.

Musferah Mehfooz. (2021). "Contempt or Compassion
Toward the Contagion Diseased? Understanding Islamic Principles
Concerning Epidemics." Taiwan Journal of East Asian Studies,
National Taiwan Normal University, Scopus & Web of Science
Indexed, Vol.19, Issue 1, pp: 109-124

Shazia Aziz, Umara Shaheen, Samar Kamal Fazli & Dr.
Mudassar Mehmood Ahmed. (2021), "Political Rhetoric Justifying
Emergency: A Critical Discourse Analysis of Musharraf's Speech"
Journal of Archaeology of Egypt/Egyptology, pp 4035-4062,
Volume 18, Issue 4 (Y Category, HEC Recognized) factor 2.126)

Shazia Aziz, Muhamamd Muzammil, Dr. Sameen Zafar, Muhammad Usman Bhutta & Dr. Rafi Amir-ud-Din. (2021). "Maternal Correlates of Poliomyelitis Vaccination Uptake" American Journal of Tropical Medicine and Hygiene, (Impact factor 2.126)

Shazia Aziz. (2021). "Twisting the Class: Are We Ready for a Flipped ESL Classroom?" Turkish Online Journal of Qualitative Inquiry, pp: 3827-3837, Volume 12, Issue 9 (ISSN: 1309-6591)

Asif Ikram. (2021). "Multimodal Discourse Analysis of the Transforming Media Identity of Pakistani Women" Journal of Elementary Education Online, pp 4031-4048, Volume 20, Issue 5 (X Category, HEC Recognized)

Asif Ikram. (2021). "Analysis of Morpho-Syntactic Errors in the Narrative Writings of Pakistani O' Level Students."

Journal of Elementary Education Online, pp 1952-1966, Volume 20, Issue 3 (X Category, HEC Recognized)

Asif Ikram. (2021). "Teaching English Language to Pakistani ESL Students through Realia at Primary Level" Palarch's Journal of Archaeology of Egypt/Egyptology (Y Category, HEC Recognized)

Asif Ikram. (2021). "Gender-Based Analysis of Pakistani ESL Learners' Written English Essays" Psychology and Education journal, (Y Category, HEC Recognized)

Asif Ikram. (2021). "An Attitudinal Examination of English Language Learning Attitude towards Social Skills Development in Higher Education" International Journal of Disaster Recovery and Business Continuity, Volume 12, Issue 1 (Y Category, HEC Recognized)

Maryam Amjad. (2021). "Work status, death anxiety and psychological distress during COVID-19 pandemic: Implications of the terror management theory" Journal of Death Studies (Impact Factor 2.245)

Maryam Amjad. (2021). "Health Betrayal, trust in intimate partner relationship and grief among women with breast cancer and cervical cancer" Palarch's Journal of Archeology of Egypt/Egyptology, pp 81-94 (ISSN 1567-214x)

Javaria Farooqui. (2021). "Romance, Austen, and English-medium schooling in Pakistan." Language, Education, and Identity. Routledge India, 2021. 95-114.

Conference Presentations

Dr. Musferah Mehfooz presented four research papers at various national and international conferences. The details are as follows:

- "Understanding the Role of Religion in Eradicating the Female's Attitudinal Acceptance of Spousal Violence" presented at the Conference on Muslim Family System:

 Modern Challenges and their Solutions organized by the Department of Islamic Studies and Islamic Research Centre, BZU, Multan, 24th -25th November.
 - "Women's Rights of Recreation and Seerat e Tayyaba: Interpretation & Misinterpretation" presented at the Conference on Women's Rights of Recreation and Seerate-Tayyaba organized by University of the Punjab from 3rd th November.
 - "Contribution of Contemporary Muslims in the Development of Science and Technology: An Overview" presented at the 4th International Conference on Arabs' and Muslims' History of Sciences (ICHS21) held in Sharjah, United Arab Emirates" 4th -6th April.
 - "Exploringthe Prophetic Treaties and Covenants for Peacebuilding in Contemporary Era" presented at Paigham-e-Pakistan Internatinal Conference on Peacemaking, National Integration, Social Cohesion, and Interfaith Harmony held at Faisal Mosque Campus, IIU, Islamabad, on 27th December.

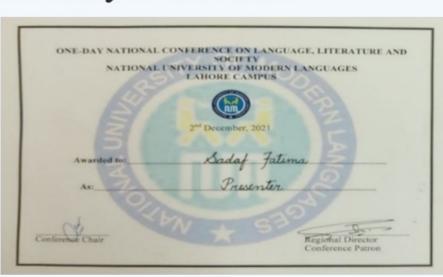
Ms. Shazia Aziz (Assistant Professor of English) presented four research papers at national and international conferences whose details are as follows:

- "Maintaining Heritage Language" (authored by Shazia Aziz, Dr. Sarwet Rasul; and Dr. Muhamamd Faisal Aziz) presented at the 4th PIRI REIS International Conference on Linguistics, History, and Geography organized by IKSAD Institute, Ankara, Turkey on 11th October.
- "Thematic Analysis of Chen K's Rap Songs: A Pakistani
 Rap Music Genre Study" presented at the International
 Archaeology, Art, History, and Cultural Heritage Congress
 organized by the Institute of Economic Development and
 Social Research at Adana, Turkey on November 1314,2021.
- "Cyber feminism and Public Reactions: A Feminist
 Poststructuralist Discourse Analysis" at the International
 Conference on the Emerging Trends in the Arts and
 Humanities organized virtually by the Faculty of Arts
 and Humanities, University of the Punjab, Lahore on
 June 15-16, 2021.
- "The Caliphate Restoration: Unconcluded Ottoman
 History" presented at the 'International Conference on
 Ottoman Empire Studies in Three Continents' organized
 by the Ottoman and Turkish Studies Centre at Istanbul,
 Turkey on 21st and 22nd August.

Dr. Shameem Fatima (Incharge of Humanities Department) and Ms. Sehar Waheed presented a paper titled "Self-Regulation and Academic Motivation in University Students during Online Education" at APOES-3, Third All Pakistan Online Education Summit on 15th October.

Ms. Maryam Jahangir (Lecturer in English) presented a talk on "Switching between Online and On Campus Learning and Teaching: Challenges, Coping Strategies and Lessons Learnt (authored by Shazia Aziz; Dr Muhammad Faisal Aziz; and Maryam Jahangir) at the 4th PIRI REIS International Conference on Linguistics, History, and Geography organized by IKSAD Institute, Ankara, Turkey on 11th October.

Ms. Sadaf Fatima (Lecturer in English) presented a research paper titled



"Impact of Accent and Pronunciation on Listening and Speaking Skills of University Students" in a One-Day National Conference on Language, Literature and Society at NUML (National University of Modern Languages), Lahore on 2nd December.

Ms. Maryam Amjad (Lecturer in Psychology) presented two papers at a national and international conferences:

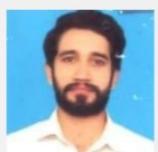
House Lahore on 21st October.

- "Construction and Piloting of Indigenous
 Paranormal Beliefs Scale" presented at the 17th
 Annual Conference of Society for the Advancement
 of Muslim psychology organized by the Fountain
- "The Iceberg of Puberty Challenges in Boys:
 Trajectories of Psychosocial Vulnerabilities"
 presented at the 8th International Virtual
 Conference on "Mental Health and Productivity: The Emerging Challenges for Youth" organized by the National Institute of Psychology, Quaid-e-Azam
 University Islamabad on 21st and 22nd October.

Ms. Maryam Jahangir (Lecturer in English) and Ms. Shazia Aziz (Assistant Professor in English) presented a research paper titled "COVID19-Triggered Online Learning and Teaching: Challenges, Coping Strategies and Lessons Learnt" at APOES-3, Third All Pakistan Online Education Summit on 15th October.



MS English (8th Batch)



Aamer Raza

Thesis Title: A Heteroglot Narrative in Fawzia Afzal Khan's 'Lahore with Love'



Sara Bilal

Thesis Title: Observing Heteroglossic Practices against Monolingual Institutional Policies in a Cambridge English Language Classroom. A Pakistani Context



Iram Shahzadi

Thesis Title: Using Flipped Learning Approach in Improving ESL Learners English Writing



Aftab Zehra

Thesis Title: Developing Successful Communication Skills of ESL Learners through CLIL Technique (A Case Study of OPF Public School, Sheikhupura)



Marium Attaullah

Thesis Title: Gender and Power; A Feminist Critical Discourse Analysis of Elif Shafak's '10 Minutes 38 Seconds in This Strange World'



Amna Kazmi

Thesis Title: Language as an Instrument Employed for SocioPsycho Oppression and its Depiction in 'A Raisin in the Sun' by Lorrain Hansberry



Muhammad Imran

Thesis Title: Semiotic Analysis of Mohsin Hamid's Novel 'The Reluctant Fundamentalist'



Muhammad Waqas

Thesis Title: Challenging Phallogocentrism; A Feminist Critical Discourse Analysis of Rafia Zakaria's and Bina Shah's Newspaper Articles



Sarmad Asim

Thesis Title: Self-Realization Narrative: A Critical Discourse Analysis of Walt Whitman's 'Song of Myself'



BS Psychology (11th Batch)



Aleeha

Thesis Title: Successful Aging and Work Motivation in Working Adults: The Mediating Role of Neuropsychological Functioning



Mahvish Malik

Thesis Title: Religious Orientation of Sex Workers of Lahore: A Qualitative Study



Sabeela Sehar

Thesis Title: Technological Self-efficacy Differently Mediates the Association between Successful Aging and Work Motivation in Young and Middle Adults.



Izza Shafqat

Thesis Title: Parenting Practices during Childhood Predict Social Inhibition in Young Adults: The Mediating Role of Neuropsychological Functioning



Waiza Batool

Thesis Title: Psychopathic Tendencies and Moral Competence in Police Officers



Mishal Khan

Thesis Title: Relationship between Body-shaming, Neurotic Tendencies and Disordered Eating Behaviors in Young Adults



Zainab Rasheed

Thesis Title: Relationship between Emotional Abuse, Fear of Missing Out and Self-doubt in Young Adults



Khola Rao

Thesis Title: Assessment and Treatment Strategies used by Clinical Psychologists Working with Suicidal Client: A Qualitative Analysis



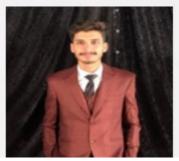
Ayesha Amin

Thesis Title: Relationship between Cognitive Flexibility, Memory Deficits and Problem Solving in Young Adults



Rameesha

Thesis Title: Spirituality, Interpersonal Support and Mental Health (Depression, Anxiety and Stress) in Old Age People



Faiz Javed

Thesis Title: Incidence of Puberty in Pakistani Boys



Javeria Zaffar

Thesis Title: Burnout and Psychological Distress in Practicing Psychiatrists of Lahore, Pakistan



Aqsa Muzaffar

Thesis Title: Spirituality, Meaning in Life and Death Anxiety during Pandemic in Young Adults



Maira Tariq

Thesis Title: Journalism of Pakistan during COVID-19 Pandemic; A Qualitative Study or Perspective



Safa Haroon

Thesis Title: Effect of Test Anxiety on Academic Dishonesty in Young Adults



H. Azka Nasir

Thesis Title: Selfitis Behavior, Mindfulness and Psychological Wellbeing among University Students



Nimra Arif

Thesis Title: Emotional Expression and Neuropsychological Functioning as Predictors of Social Inhibition in Young Adults: Testing a Hierarchical Regression Model



Sana Khadim

Thesis Title: Friendship Jealousy, Fear of Missing Out and Social Adjustment in University Students



Saira Zulfigar

Thesis Title: Impact of Social Media on the Lives of Tiktokers; A Qualitative Research



Ume-Ammara Magsood

Thesis Title: Neuropsychological Functioning and Cognitive Emotional Regulation as Predictors of Adolescent Aggression



Tooba Khalid

Thesis Title: Link between Prenatal Stress, Antenatal Care and Depression in Women



Anam Shams

Thesis Title: Gaming Addiction and Mental Health of Adolescents: A Qualitative Study on PUBG Addiction



Aqsa Gulzar

Thesis Title: Psychometrics of Brief Scale of Psychological Well-being for Adolescents



Saira Ahsan

Thesis Title: Moderating Role of Neurotic Traits in Relationship between Cohesiveness and Psychiatric Symptoms across X, Y and Z Generations



Husna Nudrat

Thesis Title: Neurocognitive Functioning and Mindful Attentive Awareness: Does the Association Vary by Gender in Adolescents?

Humanities- Journey that Never Ends



This newsletter cannot even hope to cover the joys of learning, the struggles of progress, and the amzing atmosphere of knowledge aquisition that remains the hallmark of Humanities. We hope to strive for excllence in academia, now and always!

Thank you for reading!

Editorial Board



PATRON
Dr. Shameem Fatima
Incharge Humanities Department



Editor Ms. Umara Shaheen Assistant Professor



CO-EDITOR Ms. Maryam Jahangir Lecturer



CO-EDITOR Ms. Sumaira Saleem Lecturer



CO-EDITOR Ms. Kainat Khalid Research Associate



DESIGN/PROOF-READER
Dr. Javaria Farooqui
Assistant Professor