

- The following research papers were presented by Dr. Asia Nusrat (Assistant Professor) in the International Conference on Linguistics and Literature, organized by the Department of English Language and Literature, UMT:
 - The Study of Ideological Representation of Muslims in Hollywood Cinema: Critical Discourse Analysis
 - Investigating the use of Vocabulary Learning Strategies by ESL Undergrad Pakistani Student at COMSATS University
- A paper on Blended Learning co-authored by Ms. Amna Naveed and Mr. Faisal Aziz was presented by Ms. Shazia Aziz at the 5th Higher Education Conference held in August, 2019
 - Ashraf, A., Ahmad, H., & Malik, S. (2019). Burnout as a Risk Factor of Poor Mental Health: A Study of Mental Health Status of Medical Health Professionals (MHP) in Pakistan.
 - Khalid, A., & Ashraf, F. (2019). Impact of Cyber Victimization and Bullying on Mental Health of Medical Health Professionals.
 - Iqbal, H. Z., Malik, & Ashraf, F. (2019). Circadian Typology and Sleep Quality among Nurses: Moderating Role of Work Schedules.
- A research paper on the Pakistani popular fiction was presented by Ms. Javaria Farooqui (Assistant Professor) in the Thirteenth Annual HSS Conference at LUMS on April 10, 2019. She was part of the panel titled "The Muslim Woman Question: Aesthetics of Representation and Politics of Erasure."
- A research paper titled "Peace Study as Arbitrator of Societal Transformer to Religious Education in Pakistan's Madrassas" was presented by Dr. Musferah Mahfooz and Ms. Huma Ejaz presented their research paper in the 4th Islamic Conference on "Islamic Learning in Pakistan; Problems and Prospects" held on 10th and 11th April 2019 in Bahauddin Zakariya University, Multan.
- A paper on "Challenges in Higher Education," written under the supervision of Ms. Shazia Aziz, was presented by BS Psychology students at the 5th Higher Education Conference held in August, 2019
- A research paper was presented by Dr. Ammad-Ul-Haq (Incharge, Humanities Department) at the two-day international conference on "The Problems of Women and their Solutions in the Light of Islamic Teachings" organized by the Department of Comparative Religion and Islamic Culture, University of Sindh, Jamshoro on February 20-21, 2019.

- A research paper entitled Interplay of Self-efficacy and Social Support in Predicting Quality of Life in Cardiovascular patients in Pakistan authored by Dr.Shameem Fatima (Assistant Professor of Psychology) was Published in the Journal of Community Mental Health,an ISI Journal with impact factor. 1.159.
- An article titled Limitations of Freedom of Speech Issue of the Infallibility of Prophets and United Nations authored by Dr.Farooq Abdullah (Lecturer in Islamic Studies) has been Published in the Journal of Islamic & Religious Studies (JIRS), an HEC recognized journal.it is accessible at the following link. <http://www.uoh.edu.pk/jirs/current-issues>
- A paper titled “Significance of Emotions in Cross-cultural Communication: Exploring Engagement Factor by Pakistani Advertising Practitioners” was presented by Mr. Sohail Riaz at the Cross Cultural Communication Conference 2019 held at Zayed University, Abu Dhabi on January 23, 201
- A paper titled “A Qualitative Analysis of Suicides Committed by the Students in Pakistan” by Dr. Muniba Shakeel (Assistant Professor of Psychology) was published in the Journal of Medical Research, Vol. 58, No. 1. (Review Article, Y category).
- Another paper titled “Four session hypnosis intervention for smoking cessation: Treatment outcome evidence from Pakistan” by Dr. Muniba Shakeel (Assistant Professor of Psychology) was published in the Journal of Pakistan Medical Association, Vol. 69, issue 5. 734- 737. (W category, Impact Factor 0.718)
- A research paper titled “Revisiting Arms Race between India and Pakistan: A Case of Asymmetric Causal Relationship of Military Expenditures” co-authored by Ms Shazia Aziz (CUI) with Dr Rafi Amir-Ud-Din (CUI) and Dr Fatima Sajjad (UMT) has been published in Defence and Peace Economics (Impact factor 1.304) published by Taylor and Francis.
- A research paper titled "Meeting Diversity in ESL Classroom: A Pedagogical Model for a Globalised Milieu" written by Ms. Umara Shaheen (CUI), Dr. Muhammad Shaban Rafi (UMT), Ms. Shazia Aziz (CUI), and Ms. Noor-ul-Ain (CUI) has been published in an ISI indexed journal The Journal of Teaching English for Specific and Academic Purposes.
- A research paper titled “Predictive Role of Personality Characteristics in Positive Emotions and Creativity: A Study of Pakistani Nuns authored by Ms. Farzan Ashraf (Assistant Professor of Psychology) and co-authored by Ms. Aasia Nusrat (Assistant Professor of English) has been published in an HEC recognized, X category journal.
- A research paper titled “Gender Comparisons and Prevalence of Child Abuse and Post-Traumatic Stress Disorder Symptoms in Adolescents” authored by Dr. Farzan Ashraf (Assistant Professor of Psychology) has been published in an HEC recognized, W category and Impact factor (0.71) journal.

- A research paper titled “Predictive Role of Personality Characteristics in Positive Emotions and Creativity: A Study of Pakistani Nuns authored by Dr. Farzan Ashraf (Assistant Professor of Psychology) and co-authored by Dr. Aasia Nusrat (Assistant Professor of English) has been accepted for publication in an HEC recognized, X category journal.
- A research paper titled “Blasphemy Laws in Muslim States, An Analytical Study” authored by Dr. Farooq Abdullah (Lecturer in Islamic Studies) was published in AL-QALAM Research Journal HEC recognized-Y category-ISSN: 2071-8683 (<http://alqalamjournalpu.com/index.php/al-qalam/63-al-qalam-december-2018>).
- A research paper titled "Linguistic Vitality in Gilgit Baltistan" Coauthored by M Asif Ikram Anjum (Lecturer in English) was published in "Pakistan Journal of Language and Translation Studies", an HEC Recognized Y category journal.
- A research paper titled "Revisiting Arms Race between India and Pakistan:A Case of Asymmetric Causal Relationship of Military Expenditures" written by Dr. Rafi Amir-ud-Din, Dr. Fatima Sajjad and Ms. Shazia Aziz was presented at the "International Conference on Contemporary Education and Countering Violent Extremism Practices in Pakistan" (27-28 March) at UMT, Lahore.
- A research paper titled "Rasm-e-Usmani mein Ghair Mojoood aur Sahh Sanad se Sabat shuda Qira'at ka Hukm” was presented by Dr. Muhammad Zubair (Assistant Professor of Islamic Studies) at the International Qira'at Conference, Allamah Iqbal Open University, Islamabad on 28-02-2019.
- Three research papers were presented at the "International Conference on Preventive Strategies in Clinical Psychology: Preemption and Promotion” by BS Psychology students in collaboration with Dr. Shameem Fatima on March 13-14, 2019. The conference was organized by the Institute of Clinical Psychology, UMT Lahore. The paper titles are as under:
 - The Direct and Mediated Associations between Body image, Self Esteem, and Fear of Intimacy in Young Male Adults.
 - Parent-Child Relationship and Academic Achievements of Adolescents Living in Nuclear and Joint Family System.
 - A Comparative Study of Emotional regulation and psychological adjustment in Smokers and Non-smokers.
- Two papers were presented at the “1st National Conference of Psychology for Sustainable Community: Challenges and Trends” by BS Psychology students in co authorship with Dr. Shameem Fatima. The paper titles are as follows:
 - Mediating Relations between Parental Punishment, Social Competence, and Aggression in Late Adolescents, presented by Tehmina Zubair & Dr. Shameem Fatima
 - Body Image, Self Esteem, and Fear of Intimacy in Young Men: A Mediated Moderation Model, presented by Arshia Ghazal, Ayesha Zulfiqar, & Dr. Shameem Fatima.

- A research paper titled "Mobile Phone Dependence and Gaming Addiction as Predictors of Mental Health" co-authored by Ms. Maryam Amjad was presented by a BS Psychology student at the 2nd International Conference organized by the Institute of Clinical Psychology, UMT Lahore on March 13-14, 2019.
- A research paper titled "Bullying, Mental Health Problems and Burnout at Workplace: Direct and Moderated Associations" was presented by Dr. Farzana Ashraf at the "International Conference on Preventive Strategies in Clinical Psychology: Preemption and Promotion" on March 13-14, 2019. The conference was organized by the Institute of Clinical Psychology, UMT Lahore.
- Eleven research papers were presented at the "International Conference on Preventive Strategies in Clinical Psychology: Preemption and Promotion" by BS Psychology students in collaboration with Dr. Shameem Fatima on March 13-14, 2019. The conference was organized by the Institute of Clinical Psychology, UMT Lahore. The paper titles are as under:
 - Ideals in Intimate Relationship: A Gender Perspective by Mehtab Hafeez
 - Orientation towards Close Relationships and its Mental Health Outcomes in Young Adults by Haleema Sadia and Ruhma Tahir
 - Onychophagia (Nail-Biting) as an Indicator of Positive or Negative Perfectionism by Syeda Mehak Naqvi and Syeda Khola Bukhari
 - Single Parents in Comparison of Both Parents: Moderated Link between Maternal Abuse and Academic Success in Adolescents by Faiza Salabat
 - Impulsive Personality and Sexual Self-Concept in Married Adults: Moderating Role of Gender by Neha Malik and Sadia Munir
 - Association of Neuroticism with Smoking in Adults by Rabea Saeed and Aneeqa Munir
 - Loneliness as Matter of Personality: A Correlational Study in Adolescence by Naisha Mukhtar and Kainat Fatima
 - Which Personality is more Creative? An Assessment of Big Five Model by Tayyaba Kanwal and Mehwish Abbas
 - Prevalence and comorbidity of Mental Health Problems in Pakistani Juvenile by Tahir Mahmood
 - The General Aggression Model in Relation to Introversion: Moderating Role of Gender by Zainab Tahir Raza and Faiza Akhtar
 - Association of Narcissistic Personality with Cognitive Distortion by Mahnoor Arshad
- Seven research papers were presented at "1st National Conference of Psychology for Sustainable Community: Challenges and Trends" held on 19-20 March 2019 by BS Psychology students in collaboration with Dr. Farzana Ashraf. The conference was organized by Department of Psychology University of Sargodha, Sargodha". The paper titles are as under
 - Executive Functioning in Adolescents: Interactive Role of Age and Gender by Ayesha Zulfiqar and Aqsa Amin
 - Adjustment of Afghani Students in Pakistani University by Tehmina Zubair
 - Perceived Stress Among University Students by Neelam Shahzadi
 - Academic Motivation in Young and Older University Students by Amina Wajid

- Body Image as a Function of Age and Education among Gym and Non-gym Users by Arshia Ghazal
 - Coping Skills of University Students: A Cross Sectional Study by Rajaa Masroor
 - Marital Adjustment in Married Pakistani Women by Zoha Muslim
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- A research paper titled “Aurat March 2019 and Emerging Dimensions of Socio-Religious Debates- A Critical Discourse Analysis of Slogans and Media Discussions” were presented by Ms. Saleha Fatima (Lecturer, Islamic Studies) presented her at the National Conference on Gender Studies-Sustainable Development Goals: Achievement and Future in Gender Perspective, University of the Punjab on May 2, 2019.
 - A paper titled “Age, Executive Functioning, and Decision-making Styles in Adults: A Moderated Mediation Model” authored by Dr. Shameem Fatima has been published an ISI indexed journal "Aging, Neuropsychology and Cognition", impact factor 1.845.
 - A paper titled 'Effectiveness of Electronic Feedback on Graduate Students of COMSATS' was presented by Dr. Aasia Nusrat (Assistant Professor of English) and Ms. Rakhshanda Fawad (MS English scholar) at the “35th SPELT International Conference on Innovation in ELT: Future Directions.”
 - Six research papers by MS English students (in co-authorship with Ms. Shazia Aziz, Assistant Professor of English and Ms. Amna, Assistant Professor of English) were presented in ICLAP. Their research addressed the current issues of Sociolinguistics.
 - A research paper titled “Exploring the Issues of Working Women in Pakistani Society: Critical Appraisal in Shariah Perspective” was presented by Dr. Farooq Abdullah (Lecturer, Islamic Studies) at the 1st International Conference: Seerat e Tayyaba and Emerging Issues of Women In Pakistan (ICSTEIWP-2019) organized by Women Rights Higher Education Commission, Islamabad and Institute of Islamic Studies, University of the Punjab, Lahore,
 - A book titled Dysexecutive Syndrome. Clinical and Experimental Perspectives edited by Dr.Shameem Fatima (Assistant Professor) has been published by springer she has also contributed three chapters in the said look. October 23,2019
 - A research paper titled “Erdogan’s Soft Power Policy for Promoting Islamic-Nationalism through Media—An Auteurist Discourse of Dirilis (Resurrection) Ertuğrul” was presented by Ms. Saleha Fatima (Lecturer Islamic Studies) at Two-day National Conference on “Media as a Soft Power in the 21st Century (10-11 October 2019) organized by the Department of Mass Communication, National University of Modern Languages (NUML), Islamabad
 - A research paper titled “Is Indirect Written Feedback Valuable? A Study Targeting ESL University Students in Pakistan” authored by Dr Aasia Nusrat and co-authored by Dr. Farzana Ashraf, Dr. Sardaraz Khan, Ms. Shazia Aziz and Dr. Riffat Jabeen has been published in
 - International Journal of English Linguistics, Canadian Center of Science and Education (ISSN: 1923-869X) in the 5th issue of Vol. 9.

- A research paper titled "Feminist Linguistic Criticism of Sexist Jokes in Reader's Digest E-Version" was presented by Ms. Sadaf Fatima (Lecturer in English) at the 1st Annual National Conference on Linguistics and Literature (ANCLL) hosted by the Department of English, Fatima Jinnah Women University, Rawalpindi on 26th-27th September, 2019.
- A book chapter titled "Provision of Riba by Religious Faith: A Comparative Analysis" authored by Dr. Musferah Mehfooz (Assistant Professor, Islamic Studies) has been published in the book titled *The Growth of Islamic Finance and Banking: Innovation, Governance and Risk Mitigation* edited by Hussain Mohi-ud-Din Qadri and published by Routledge.