



# COMSATS University Islamabad, Lahore Campus

Defence Road off Raiwind Road, Lahore

Tel. No. +92-42-111-001-007 Fax: +92-42-9203100 URL: <https://lahore.comsats.edu.pk/>

## **SPORTS SCHEDULE & TRAINING CAMPS FOR VARIOUS GAMES/SPORTS**

The training camps for various games/sports will be started from February 12, 2024.

The timings of gym and training camps are as follows:

<b>Gym Timings</b>		
<b>Users</b>	<b>Timings</b>	<b>Venues</b>
Students + Faculty + Officers + Staff <b>(Male)</b>	09:00 AM – 10:50 AM	Fitness Center at Junaid Zaidi Cricket Stadium
Students + Faculty + Officers + Staff <b>(Female)</b>	11:00 AM – 01:50 PM	
Students + Faculty + Officers + Staff <b>(Male)</b>	02:30 PM – 04:50 PM	
Faculty + Officers + Staff <b>(Male)</b>	05:00 PM – 06:00 PM	
Students + Faculty + Officers + Staff <b>(Male)</b>	06:00 PM – 07:00 PM	
Students + Faculty + Officers + Staff <b>(Female)</b>	07:00 PM – 08:00 PM	
<b>Training Camps</b>		
<b>Name of Games/Sports</b>	<b>Timings</b>	<b>Venues</b>
Hockey, Football and Cricket (Male & Female)	03:00 PM to 06:00 PM	Hockey, Football and Cricket grounds
Basketball, Badminton, Table Tennis, Tennis and Volleyball (Male & Female)	03:00 PM to 06:00 PM	Basketball, Badminton, Tennis and Volleyball courts
Athletics (Male & Female)	03:00 PM to 06:00 PM	Athletics track

**Note:** For further queries, sports equipment and registration please contact to the undersigned at Junaid Zaidi Cricket Stadium CUI Lahore.

**Rehan Yousaf**  
Manager Sports  
Cell # 03009694143