

International Conference on Peace Building: Policies, Research & Strategies
March 15-16, 2023

Day 1: March 15, 2023

Inaugural Session: 9:00 – 11:00 AM

Venue: Ground, Opposite C-Block

Participants to be seated: 8:15 AM

Guests to be seated: 8:30 AM

Moderator Inaugural Session: Dr. Shazia Gulzar

9:00 - 09:05 AM	Recitation from the Holy Quran
9:05 - 09:10 AM	National Anthem
9:10 - 9:15 AM	Welcome Note: Dr. Shameem Fatima Associate Professor/Chairperson, Department of Humanities, CUI Lahore
9:15 - 9:25 AM	Address: Prof. Dr. Syed Asad Hussain Director, COMSATS University Islamabad, Lahore
9:25 - 9:35 AM	Address: Prof. Dr. Saqib Gulzar Dean FBA, COMSATS University Islamabad
9:35 - 9:50 AM	Chief Guest: Prof. Dr. Muhammad Tabassum Afzal Rector, COMSATS University Islamabad
9:50 - 10:00 AM	Guest of Honor: Prof. Dr. Qaiser Abbas Vice Chancellor University of Sargodha, Sargodha
10:00 - 10:20 AM	Keynote Address: Challenges to Peace Building Today Prof. Dr. Bilveer Singh Head, Department of Political Science, National University of Singapore
10:20 - 10:40 AM	Keynote Address: A Psychologist's Contribution to Peace Prof. Dr. Ruhi Khalid Vice Chancellor, Beacon House National University, Lahore
10:40 - 10:55 AM	Keynote Address: Restoring Peace for Children Left to Suffer in Wartime: Relational Salves to Soothe the Silent Harms Dr. Robin Lynn Treptow President, APA Peace Psychology Division, USA
10:55 - 11:00 AM	Vote of Thanks: Dr. Musferah Mehfooz Head, Department of Humanities, CUI Lahore Campus
11:00 - 11:05 AM	Presentation of Shields to the Guests
11:05 - 11:30 AM	Tea Break

Day 1: March 15, 2023

11:30 AM– 1:00 PM

Panel Discussion

Venue: Ground, Opposite C Block

Theme: *Justice, Diversity, and Inclusion for Peace Building*

In-charge Panel Discussion: Dr. Farzana Ashraf

Moderator: Dr. Shameem Fatima, Chairperson, Department of Humanities, CUI, Lahore

Panelists
Chair Panel Discussion: Prof. Dr. Rukhsana Kausar Vice Chancellor, Government College Women University Sialkot
Prof. Dr. Rafia Rafique Director, Institute of Applied Psychology, University of The Punjab, Lahore
Dr. Asir Ajmal Dean, Faculty of Arts & Social Sciences, GIFT University, Gujranwala
Prof. Dr. Syeda Shahida Batool Professor, Department of Psychology, Government College University, Lahore
Prof. Dr. Syeda Salma Hassan Professor/Chairperson, Department of Psychology, Government College University, Lahore
Dr. Saima Ghazal Associate Professor, Institute of Applied Psychology, University of The Punjab, Lahore.

1:00 – 2:00 PM: Lunch Break

Plenary Talks

2:00 AM– 3:20 PM

Venue: Ground, Opposite C Block

In-charge and Moderator: Ms. Huma Ijaz

Time	Plenary Talks
2:00 - 2:20 PM	Title: <i>Challenges of Psychology in Peace Building; Seeking Growth and Resilience in Turbulent Times</i> Prof. Dr. Najma Najam Pro Vice Chancellor, NUR International University, Lahore
2:20 - 2:40 PM	Title: The Role of Education in Promoting Peace Prof. Dr. Nashi Khan Chartered Clinical Psychologist (UK), Dean, Faculty of Social Sciences (FSS), Rashid Latif Khan University, Elected President, Pakistan Association of Clinical Psychologists, (PACP) Lahore.
2:40 - 3:00 PM	Title: <i>Protecting Human Rights: A Way to Peace Building</i> Dr. Adnan Rafique , <i>The Planning Commission of Pakistan</i>
3:00 - 3:20 PM	Title: <i>Human Rights: A Framework for Promoting Peace and Justice.</i> Prof. Dr. Arthur Kendall , <i>US Govt. Accountability Office (Rtrd.). Seminole, Florida USA</i>

Symposia

Day 1: March 15, 2023

Symposium: 1-A

Venue: Seminar Room

2:30- 4:00 PM

Theme: Utility of Local Suicide Data for Informing Local and National Suicide Prevention Strategies

Session Chair1: Prof Dr. Nazish Imran

Session Chair2: Dr. Farhat Jameel

Session In-charge: Ms. Iffat Khalid

Moderator: Ms. Maryam Amjad

Facilitators: Areej Asif, Esha Nawaz, Aqeela Fatima

Abstract No.	Title of presentation	Authors
ICPB-23-141	Suicide and self-harm in adolescents: Prevalence and risk factors	Dr. Muhammad Imran Sharif Department of Child & Family Psychiatry King Edward Medical University/ Mayo Hospital, Lahore
ICPB-23-142	The epidemiology of suicide-homicide (dyadic deaths) in Pakistan	Dr. Mariam Ayub King Edward Medical University/ Mayo Hospital, Lahore
ICPB-23-143	Pattern of suicide in Pakistan: Review from newspaper reports	Dr. Sania Mumtaz Tahir King Edward Medical University/ Mayo Hospital, Lahore
ICPB-23-144	Pattern of self-harm and attempted suicide presentations in emergency department of a tertiary care hospital	Dr. Qasim Qadeer King Edward Medical University/ Mayo Hospital, Lahore
ICPB-23-145	Pattern of adolescent suicide in Pakistan: a content analysis from newspaper over two years	Dr. Bariah Rafique King Edward Medical University/ Mayo Hospital, Lahore
ICPB-23-146	Pattern of suicide Deaths: A retrospective 5 year autopsy sample analysis in Pakistan	Dr. Izwa Bhatti King Edward Medical University/ Mayo Hospital, Lahore
ICPB-23-52	Impact of Intimacy Attitude on Suicidal Desire	Mehwish Khan, Dr. Amena Zehra Ali University of Karachi

Day 1: March 15, 2023

Symposium: 1-B

Venue: A2

2:30- 4:00 PM

Theme: Peace of Mind and COVID-19

Session Chair1: Prof. Dr. Najma Malik

Session Chair2: Dr. Mohsin Atta

Session In-charge: Ms. Maria Shamim

Moderator: Dr. Mahira Ahmad

Facilitators: Mahnoor Amjad, Maryam Nawaz, Nisha Khan

Abstract No.	Title of presentation	Authors
ICPB-23-185	Role of Friendship Quality in the relationship of Psychological Issues and Post Trauma Recovery	Sidra Shakoor & Dr. Mohsin Atta University of Sragodha, Sargodha
ICPB-23-186	Effect of Perceived Inter-Parental Conflicts on Social Connectedness among Youth: Role of Psychological Well-Being and Gender	Kinza Khalid & Dr. Najma Iqbal Malik University of Sragodha, Sargodha
ICPB-23-187	Experiencing Covid-19: A Phenomenological Study	Hafiza Attia Rehman, Anam Yousaf, Dr. Najma Iqbal Malik University of Sragodha, Sargodha
ICPB-23-188	Outcomes of Fear of Covid-19 Among University Students	Anam Yousaf, Hafiza Attia Rehman, Dr. Najma Iqbal Malik University of Sragodha, Sargodha
ICPB-23-189	Forms of Love, Scrupulosity and Psychological Distress in Emerging Adults	Hira Iqbal, Dr. Irsa Fatima Makhdoom, & Asma Irfan University of Sragodha, Sargodha

Day 1: March 15, 2023

Symposium: 2-A

Venue: Seminar Room

4:00- 5:30 PM

Theme: Peace Within, Harmony Without: A Holistic Approach to Peace Building

Session Chair1: Prof. Dr. Naumana Amjad

Session Chair2: Dr. Shehnla Tariq

Session In-charge: Ms. Ayesha Aziz

Moderator: Dr. Javaria Farooqui

Facilitators: Fatima Maqsood, Asima Abrar, Hajra Javed

Abstract No.	Title of presentation	Authors
ICPB-23-127	Self-forgiveness, happiness, and flourishing: an empirical investigation	Aqsa Suhail, and Ali Imran NUR International University
ICPB-23-128	Practice The mind and the space: narrative of a yogi	Uswa Amjad, Architecture Department, Comsats University, Lahore
ICPB-23-129	Why Family harmony is important: a systemic family therapy perspective.	Maryam Suheyl, NUR International University
ICPB-23-130	Solutions through Training Handling difficult situations at workplace: story of a training and its outcomes	Maryam Suheyl and Naumana Amjad, NUR International University
ICPB-23-131	Experiments Changing reasoning about aggression can reduce victimization and behavioral intentions; report on two studies	Naumana Amjad, Alex Wood and Martin Skinner, NUR International University
ICPB-23-132	Peace Building in Community	NUR International University team
ICPB-23-133	Global Initiatives	Nur International University Team
Community projects for tolerance and peace		NUR International University team
Global interfaith peace initiatives; vision 2020, empathy neuroscience and Sufi-yogi dialogue		Nur International University Team

Day 1: March 15, 2023

Symposium: 2-B

Venue: A2

4:00- 5:30 PM

Theme: Violence and Psychology of Human Behaviour

Session Chair1: Dr. Shazia Qayyum

Session Chair2: Mr. Faiz Younas

Session In-charge: Ms. Umara Shaheen

Moderator: Ms. Bareera Saeed

Facilitators: Aysha Yaseen, Aysha Azam, Shumesa Rauf

Abstract No.	Title of presentation	Authors
ICPB-23-147	Cyber Bullying Victimization, Displaced Aggression and Bullying Behaviour in Social Media Influencers	Shahzarey Ashraf & Dr. Iram Fatima, Institute of Applied Psychology, University of the Punjab, Lahore
ICPB-23-148	Perceived Parenting, Loneliness and Digital Dating Abuse in Young Adults	Ayesha Maqsood & Dr Shahnila Tariq, School of Professional Psychology University of Management and Technology, Lahore, Pakistan
ICPB-23-149	Evaluating Religious Orientation, Behavioural Strengths & Difficulties in Adolescent Girls Studying Across Traditional & Modern Madrassas	Faiz Younas & Ummama Ashraf, Institute of Applied Psychology, University of the Punjab, Lahore
ICPB-23-150	Fear of Missing Out, Phubbing Behavior, Parental Attachment and Social Media Addiction in Adolescents	Tayyaba Noreen & Dr Shazia Qayyum, Institute of Applied Psychology, University of the Punjab, Lahore
ICPB-23-151	Predicting Life Satisfaction in Emerging Adults: The Role of Non-physical Aggression and Ego-resilience	Faiz Younas, Ayesha Aftab & Kashaf Noor, Institute of Applied Psychology, University of the Punjab, Lahore
ICPB-23-152	Self-objectification, Co-rumination and Social Appearance Anxiety among Adult Female Students	Bushra Zaffar & Dr. Shazia Qayyum, Institute of Applied Psychology, University of the Punjab, Lahore

Day 1: March 15, 2023

Symposium: 2-C

Venue: A3

4:00- 5:30 PM

Theme: Forgiveness: A Positive Approach to Peace Building

Session Chair1: Dr. Iffat Batool

Session Chair2: Dr. Urooj Khawar

Session In-charge: Mr. Saleem Kakar

Moderator: Mr. Samar Kamal Fazli

Facilitators: Alisha Rehman, Isma Batool, Mahina Asim

Abstract No.	Title of presentation	Authors
ICPB-23-134	Validating Enright Forgiveness Inventory (Brief Version)	Iffat Batool PhD, Robert Enright PhD, Anam Naeem, Govt. College University Lahore
ICPB-23-135	Gender, Age and Culture Based Differences in forgiveness: Scientific Review	Nasreen Akhtar, PhD & Iffat Batool, PhD Govt. College University Lahore
ICPB-23-136	Bullying, Forgiveness and Psychological Well-being in Early Adolescents	Rabail Mustansar & Bushra Naz, PhD Govt. College University Lahore
ICPB-23-137	A Critical Evaluation of Forgiveness Therapy with Islamic Perspective	Muhammad Yunus, and Iffat Batool, PhD Govt. College University Lahore
ICPB-23-138	Forgiveness and Moral Self-Image Among Young Adults	Anam Naeem, Iffat Batool PhD, Shahrukh Tariq Govt. College University Lahore
ICPB-23-139	Translation and adaptation of Enright's Forgiveness Curriculum for Grade V	Hiba Inam; Iffat Batool PhD; Robert Enright, PhD; Anam Naeem Govt. College University Lahore
ICPB-23-140	Rumination, Forgiveness and Self-compassion among Elderly Individuals	Alya & Bushra Naz Govt. College University Lahore

Day 2: March 16, 2023

Symposium: 3-A

Venue: A2

9:30- 11:00 AM

Theme: Peace Building in the 21st Century

Session Chair1: Dr. Inayat Kalim

Session Chair2: Dr. Fatima Sajjad

Session In-charge: Mr. Samar Kamal Fazli

Moderator: Ms. Maryam Jahangir

Facilitators: Alishba Asif, Zaib Fatima, Shifa Shah

Abstract No.	Title of presentation	Authors
ICPB-23-120	Peace Building in Afghanistan: Role of the Regional Powers	Dr. Adam Saud, Professor and Dean Social Sciences, Bahria University Islamabad
ICPB-23-121	Peace Building in South Asia: A Critical Analysis	Dr. Manzoor Khan Afridi, Associate Professor/Head of Department of School of Politics and International Relations, International Islamic University, Islamabad
ICPB-23-122	Addressing the Challenges of Peace Building in South Asia	Dr. Saif ur Rehman, Director Army Institute of Military History, Rawalpindi
ICPB-23-123	Role of Social Media in Peace Building: A case Study of Ukrain-Russia War	Dr. Sohail Ahmad, Assistant Professor and Incharge Graduates COMSATS University Islamabad
ICPB-23-124	Role of Education in Peace Building	Dr. Arshad Bashir, Consultant Academics HEC Islamabad
ICPB-23-125	Women's Role in Countering Violence and Building Peace in the Society	Dr. Minhas Majeed, Chairperson Department of International Relations Peshawar University
ICPB-23-126	Counter Terrorism and Peace Building In Pakistan	Dr. Azeem Khalid, COMSATS University Islamabad

Day 2: March 16, 2023

Symposium: 3-B

Venue: IRCBM

11:00–12:30 PM

Theme: Efficacy of CBT as a Mainstream Cognitive Treatment for Psychiatric Disorders”

Session Chair1: Dr. Mirat Gul

Session Chair2: Dr. Imran Sharif

Session In-charge: Mr. Asif Ikram Anjum

Moderator: MS. Huma Yaseen

Facilitators: Laiba Islam, Kainat Mahmood, Nadia Ashraf

Abstract No.	Title of presentation	Authors
ICPB-23-202	Borderline Personality Disorder: An Inner Monologue	Hira Khawar-Consultant Clinical Psychologist Umer Hospital, Lahore
ICPB-23-203	Cognitive Behavioral therapy for patient suffering from MDD co-morbid with Borderline personality traits	Areej Khalid & Dr. Mirrat Gul Butt Mayo Hospital, Lahore
ICPB-23-204	Case study of General Personality Disorder Combating with Smoking	Syeda Zamira & Dr. Mirrat Gul Butt NUR University & Mayo Hospital Lahore
ICPB-23-205	Treating FNSD following the principles of Cognitive Behavioral Therapy	Ayesha Sarwar & Dr. Mirrat Gul Butt FCC University & Mayo Hospital
ICPB-23-206	Social Anxiety Disorder co-morbid with Borderline personality Traits: A unique case study	Saadat Sultan & Dr. Mirrat Gul Butt NUR University & Mayo Hospital Lahore
ICPB-23-207	Delusional Disorder with Paranoid Personality Disorder: CBT and it's long term effects	Iqra Arif & Dr. Mirrat Gul Butt CCP, Punjab University & Mayo Hospital Lahore
ICPB-23-208	Obsessive Compulsive Disorder: Diagnosis, Symptoms and Treatment	Sadia Abid & Dr. Mirrat Gul Butt Mayo Hospital Lahore
ICPB-23-209	Effectiveness of CBT in a 32 years old female	Sayyed Sajjad Gillani & Dr. Mirrat Gul Butt NUR University & Mayo Hospital Lahore
ICPB-23-210	CBT for Functional Neurological Symptom Disorder	Humna Rizwan & Dr. Mirrat Gul Butt FCC University & Mayo Hospital Lahore

Day 2: March 16, 2023

Symposium: 3-C

Venue: A3

11:0- 12:30 AM

Theme: Social Psychology of Violence

Session Chair1: Dr. Uzma Ashiq

Session Chair2: Dr. Afsheen Gul

Session Chair3: Ms. Maryam Batool

Session In-charge: Ms. Ummarah Shaheen

Moderator: Ms. Fareeha Anjum

Facilitators: Aysha Salam, Ureed Bilal, Nisar Ahmed

Abstract No.	Title of presentation	Authors
ICPB-23-211	Perceptions Of Wedding Trends and Rituals: A Gender Based Comparative Study	Aziz Fatima Dr. Uzma Ashiq Khan Maryam Zafar LCWU, Lahore
ICPB-23-212	Comparison of Depression Among Married and Unmarried Females Living in Lahore	by Bushra Yousaf and Syeda Maryam Batool LCWU, Lahore
ICPB-23-213	Gender Differences in Post-Retirement Depressive Behavior in Lahore	Hifza Mumtaz, Syeda Maryam Batool, and Sabeen Shakil LCWU, Lahore
ICPB-23-214	Difficulties Faced By Women to Reach Managerial or Higher Positions in Lahore	Maha Ali and Syeda Maryam Batool LCWU, Lahore
ICPB-23-215	“When a man was a boy” – Upbringing of patriarchal practices	Mahnour Tariq Samina Riaz
ICPB-23-216	Knowledge About HIV/Aids Among Married People	Bushra Imtiaz, Syeda Maryam Batool, and Yusra Khalid LCWU, Lahore
ICPB-23-217	Attitudes towards Elderly by Ethnic Youth of Pakistan	Ruhma Perwaiz Dr. Uzma Ashiq Khan Maryam Zafar

Day 2: March 16, 2023

Symposium: 3-D

Venue: A5

9:30- 11:00 AM

Theme: Mental Health and Well-being in Adults

Session Chair1: Prof. Dr. Memoona Mushtaq

Session Chair2: Dr. Zarghuna Naseem

Session In-charge: Ms. Maryam Jahangir

Moderator: Ms. Sumaira Saleem

Facilitators: Ali Akbar, Muhammad Naeem, Natasha

Abstract No.	Title of presentation	Authors
ICPB-23-190	Gender role beliefs and wellbeing/mental health among young adults in Pakistan and the United Kingdom: Testing a multiple moderator model	Mamoona Mushtaq & Richard Oliver de Visser Punjab Higher Education Department, Lahore University of Sussex, United Kingdom
ICPB-23-191	A study of individual and cultural differences in gender role beliefs and health behaviors in adults of Pakistan and the United Kingdoms	Mamoona Mushtaq & Richard Oliver de Visser PHED, Lahore; University of Sussex, United Kingdom
ICPB-23-192	Love, physique anxiety, and mental health of adults	Sadia Ramzan, Mamoona Mushtaq GOVT. MAO College, Lahore
ICPB-23-193	Perceived parenting style and mental health and psychological well-being in university students: Mediating effects of rumination patterns	Hira Bashir, Dr. Mamoona Mushtaq University of Lahore
ICPB-23-194	Burnout, Job Satisfaction and Subjective Well-being in Teachers Working in Special Education and General Education Schools	Kalsoom Yasin, Dr. Mamoona Mushtaq Riphah International University, Faisalabad Campus
ICPB-23-196	Parental Acceptance-rejection, Executive functioning and Mental health and Well-being in Adolescents	Maqbool Ghaffar, Mamoona Mushtaq GOVT. MAO College, Lahore
ICPB-23-197	Antecedents and Consequences of Mental Health in Transgenders	Aqsa Rehman, Mamoona Mushtaq University of Lahore
ICPB-23-198	Stigma of Disability, Social Phobia, Self-Esteem and Mental Health and Well-Being in Adolescents with Physical Disability	Arfah Ayesha Shahid
ICPB-23-199	Death Anxiety and Well-Being in Doctors During COVID-19: The Explanatory and Boosting Roles of Sleep Quality and Work Locality	Komal Meher, Mamoona Mushtaq Shameem Fatima Riphah International University Lahore CUI, Lahore Campus
ICPB-23-200	Lifestyle factors, social media as social support, individual sensitivity, and OCD in adults after the COVID-19 pandemic	Nabiha Munir and Mamoona Mushtaq PHED, Lahore RIPHAH, Lahore

ICPB-23-201	Personality dimensions and psychosocial adjustment and mental health in working women	Wijdan Salsabeel Govt Chuna Mandi College, Lahore Mamoona Mushtaq
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Day 2: March 16, 2023

Symposium: 4-B

Venue: A2

11:00- 12:30 PM

Theme: Peace of Mind and Well-Being of Students and Teachers

Session Chair1: Prof. Dr. Amna Muazzam

Session Chair2: Dr. Manzoor Khan Afridi

Session In-charge: Dr. Tooba Sami

Moderator: Ms. Maria Shamim

Facilitators: Ayan Omer, Awais Ranja, Haziqa Inam

Abstract No.	Title of presentation	Authors
ICPB-23-153	Religion as a healing resource	Dr. Amina Obaid Khawaja, LCWU, Lahore
ICPB-23-154	Social media use, sleep, physical activity and mental health among university students	Zainab Abdul Salam, Zeenat Abdul Wali & Nudra Malik LCWU, Lahore
ICPB-23-155	Development of sleep disturbances scale for children	Aqsa Anees & Maryam Gul, LCWU, Lahore
ICPB-23-156	Social media addiction, appearance-based rejection sensitivity and disordered eating behaviors among university students	Hadia Imtiaz and Nudra Malik, LCWU, Lahore
ICPB-23-157	Workplace bullying and physical health of teachers working in higher education institutes	Ambreen Anjum & AminaMuazzam, LCWU, Lahore
ICPB-23-158	Alexithymia, poor glycemic control and poor quality of life among type 2 diabetes patients	Zahra Batool & Amna Khawar, LCWU, Lahore
ICPB-23-159	Climate change anxiety, health risk attitude and death anxiety among university students	Kinza Irshad, Zoya Mansoor & Dr. Amna Khawar, LCWU, Lahore
ICPB-23-160	Prevalence of polycystic ovary syndrome and its association with stress and life satisfaction among young female university students	Tooba Riaz Chaudry & Dr. Bisma Ejaz, LCWU, Lahore

SCIENTIFIC SESSIONS

Day 1: March 15, 2023

SESSION: 1-A

Venue: A3

2:30 –4:00 PM

Theme: Cooperation and Intergroup Relations: Regional Studies

Guest Talk: *Regional Impact of Sectarian Violence and Role of Afghan Taliban*

Dr Adeel Irfan, Chairperson, School of Peace and Counterterrorism Studies, Minhaj University Lahore

Session Chair1: Dr. Adeel Irfan

Session Chair2: Dr. Fatima Kamran

Session In-charge: Dr. Muneeba Shakil

Moderator: Ms. Samiya Shazad

Facilitators: Raza Khan, Aysha Noor, Noor -ul- Ain

Abstract No.	Title of presentation	Authors
ICPB-23-04	Research on the Clashes on Cultural identity being faced by Pakistani immigrant in America with the reference of Post-colonial novel "An American Brat" by Bapsi Sidhwa	Muntaha Fatima & Dr Asia Nusrat, COMSATS University Islamabad, Lahore
ICPB-23-35	Understanding the Impact of SUFI'S Practice for Peacebuilding in Subcontinent: A Research Analysis	Dr. Musferah Mehfooz, Maleeha Ather, COMSATS University Islamabad, Lahore
ICPB-23-38	Nationalism and Conflict management: Case Study of Neo- Conservative Nationalism in USA messianic interventionism	Riffa Ansari & Zunaira Malik, Kinnaird College for Women University, Lahore
ICPB-23-54	Sino-US Neo New Great Game in the Indian Ocean: Implications for Pakistan	Dr. Hassan Farooq Mashwani, Minhaj University Lahore
ICPB-23-67	Conflict Resolution: Theoretical and Practical Issues	Brig (R) Rifat Ullah, Minhaj University
ICPB-23-70	Ten Billion Trees Tsunami Program: Peace-building and Prevention from the Non-Traditional Security Threat of Climate Change and Water Crisis in Pakistan	Dr. Muhammad Akram Zaheer, Lecturer in Political Science informatics Group of colleges Arifwala
ICPB-23-73	Pak-Russia cooperation leads to mitigate nontraditional security threat of energy crisis and to build peace in Pakistan	Gul-i-Ayesha Bhatti, Minhaj University, Lahore
ICPB-23-92	Need for a Paradigm Shift: Analysis of Hybrid Approach for Peace Building in Afghanistan under Taliban control	Aliya Talib & Tabita Victor Kinnaird College for Women University, Lahore
ICPB-23-96	A Shift from National security to Human Security: With Special Reference to Pakistan	Dr. Syed Ijaz Ahmad Bukhari, Kinnaird College for Women University, Lahore
ICPB-23-184	Establishing Peace Through 'Quiescence' and 'Consented Coercion': An Analysis of Dynamics of Power Politics in Khaled Hussein's The Kite	Sufia Humayun, Govt. Graduate College (W), Gulberg, Lahore

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Day 1: March 15, 2023

SESSION: 1-B

Venue: A5

2:30- 4:00 PM

Theme: Peace Building: The Role of Media and Art

Session Chair1: Prof. Dr. Najma Najam

Session Chair2: Prof. Dr. Abida Ashraf

Session In-charge: Dr. Saima Akhtar

Moderator: Ms. Memoona Idrees

Facilitators: Zainab, Ranian, Infal Haram

Abstract No.	Title of presentation	Authors
ICPB-23-07	In search of Peace Journalism: Pakistani media's framing of the Afghan refugee repatriation	Ayesha Hassan University of Wollongong, Australia
ICPB-23-08	Interplay between Religion and Politics: An analysis of the association between Politico Religion WhatsApp Statuses and Perceptions of Youth	Dr. Shabana Asghar, Dr. Noshina Saleem, Shehryar Abbasi Department of Media Studies, LCWU
ICPB-23-17	Excessive Use of Social Media and Self-esteem among University Students	Arif Nadeem, Saniya Saddiquee GCU Faisalabad, Pakistan.
ICPB-23-19	Visual Analysis of Public Art Interventions & their Impact for promoting Peace & Tolerance	Sophia Mairaj Malik Department of Art & Design, CUI Lahore
ICPB-23-44	Role of Netflix in Highlighting the Consequences of Bullying Among Teenagers: A Case Study of 13 Reasons Why	Sobia Naseem, Rabia Naseem, Hina Naseem, Seerat Kamal University of Lahore, UET, Minhaj University
ICPB-23-48	Impact of Intellectual Humility on Interpersonal Conflicts at Workplace and Narcissism Among Teachers	Inshrah Mukhtar & Misbah Rehman Riphah International University, Lahore
ICPB-23-49	Role of Pakistani Print Media in the Peace building Efforts	Dr. Samira Azmat, Dr. Farhat Nisar COMSATS University Islamabad
ICPB-23-62	The Role of Media in Conflict Management	Adrish Anwar COMSATS University Islamabad
ICPB-23-65	Social Media Paradigm Shift: A Boon or a Curse?	Dr. Inayat Kalim, COMSATS University Islamabad, Islamabad Campus
ICPB-23-74	Psychopathy and Bullying Behavior: The Moderating Role of Violent Games	Urooj Miran, Dr Faiqa Yousaf Lahore Garrison University
ICPB-23-94	Impact of Social Media Addiction on Violence and Aggression in Young Adults	Ayesha Waseem , Shazia Aziz, Dr Farzana Ashraf CUI Lahore
ICPB-23-117	Translation and Peace: The Impact of Wrong and Faithful Text Rendering	Shair Ali Khan International Islamic University Islamabad
ICPB-23-182	The Role of Social Media in alleviating conflicts: A case of Israel-Palestine conflict 2021	Maria Jawad Khan COMSATS University Islamabad

Day 1: March 15, 2023

SESSION: 1-C

Venue: A6

2:30- 4:00 PM

Theme: Role of Literature in Peace Building

Session Chair1: Dr. Sadia Malik
Session In-charge: Dr. Farzana Ashraf
Facilitators: Maryam, Iraaf, Marziya

Session Chair2: Prof. Dr. Shabbir Rana
Moderator: Dr. Aasia Nusrat

Abstract No.	Title of presentation	Authors
ICPB-23-09	Folk Literature & Peace Building: A Debate about Sultan-al-Arifeen's Poetry	Huma Ejaz & Musferah Mehfooz, COMSATS University Islamabad, Lahore
ICPB-23-26	Materialism and Interpersonal Difficulties in University Students	Naila Liaqat & Arif Nadeem, Government College University, Faisalabad.
ICPB-23-34	Gender Performativity in Saba Karim Khan: A Butlerian Reading and Radical Feminist Representation of Skyfall	Abouzar Abbas & Dr Aasia Nusrat, COMSATS University Islamabad, Lahore
ICPB-23-53	Literary Approaches to Peace Promotion	Alia Bashir, CUI Islamabad
ICPB-23-57	An exploration of Oedipus Complex in D.H Lawrence's "Sons and Lovers"	Zia Ul Haq & Dr Aasia Nusrat, COMSATS University Islamabad, Lahore
ICPB-23-91	Literary landscape on peace-humanism nexus: Approaches to peace in postwar literary narratives	Izza Bajwa, University College of Art and Design
ICPB-23-93	Effectiveness of Acceptance and Commitment Therapy in Improving Cognitive Fusion and Experiential Avoidance in Depressive Patients	Isra Sarwer & Dr. Ayesha Majeed, Govt. College University Lahore
ICPB-23-98	Social Taboo: Use of English for Euphemism in Pakistani Films	Zunaira Shabbir & Dr. Aasia Nusrat, COMSATS University Islamabad, Lahore
ICPB-23-101	Escapism in the popular cinema: Linguistic analysis	Sikander Khan Gandapur, Dr. Aasia Nusrat, COMSATS University Islamabad Lahore
ICPB-23-102	Representation Of Social Class in The God of Small Things by Arundhati Roy	Usama Waleed & Dr. Aasia Nusrat, COMSATS University Islamabad, Lahore
ICPB-23-116	Power Politics and elselessness in The Golden Legends by Nadeem Aslam.	Ghanwa Parveen & Dr Asia Nusrat COMSATS University Islamabad, Lahore

Day 1: March 15, 2023
Venue: A5

SESSION: 2-A

4:00 - 5:30 PM

Theme: Intolerance and Extremism: Threats to Peace

Session Chair1: Prof. Dr. Masha Asad Khan
Session In-charge: Ms. Amna Naveed
Facilitators: Azka, Shifa, Malaika Batool, Warda Fatima

Session Chair2: Dr. Shumaila Asad
Moderator: Ms. Zaeema Farooq

Abstract No.	Title of presentation	Authors
ICPB-23-06	Rethinking education to counter violent extremism: a critical review of policy and practice	Fatima Waqi Sajjad, University of Management and Technology, Lahore, Pakistan
ICPB-23-22	The growing trend of “Extremism” in our society: Causes and Remedies: (A Research study: In the Light of Islamic teaching)	Dr. Irfan Jafar, The University of Lahore
ICPB-23-25	War Destroys Business- Evidence from Review Papers	Dr. Imran Naseem, Abbottabad University of Science and Technology
ICPB-23-46	The Ecology of Biopower: Exploring the Roots of Structural Violence in Laila Halaby’s Once in a Promised Land (2007)	Rubab Raza, University of the Punjab, Jhelum campus
ICP-CIIT-85	Impact on the Biopsychosocial Wellness of Senior Citizens Residing in Old Homes	Dr. Shakeela Ibrahim, Laraib Mutahira Khan, & Laiba Hassan, CUI Islamabad
ICPB-23-95	The clash of religious and scientific forces and their underlying ego problem leading to intolerance in the book “The Geometry of God” by U.A Khan.	Muhammad Fahad & Dr. Aasia Nusrat, COMSATS University Islamabad, Lahore
ICPB-23-104	The Role of Islamic Research Institute (IRI) in Promoting Peace and Countering Terrorism: National Narrative of Pakistan	Dr. Muhammad Atif Aslam Rao University of Karachi
ICPB-23-105	Divine Revelation for Religious Tolerance in the Bible and Qur’ān: An Analytical Study	Dr. Musferah Mehfooz & Ayesha Ahsan COMSATS University Islamabad, Lahore

Day 1: March 15, 2023

SESSION: 2-B

Venue: A6

4:00 - 5:30 PM

Theme: Law, Peace Education, and Peaceful Personality

Guest Talk: Peace Building through Culture of Lawfulness

Dr. Hadia Awan, Dean, Faculty of Law, University of Central Punjab, Lahore

Session Chair1: Dr. Hadia Awan

Session Chair2: Dr. Adnan Rafiq

Session In-charge: Dr. Rai Zahoor

Moderator: Ms. Hamna Zahid

Facilitators: Aleena Tanveer, Maryam un Nisa, Aqsa Iftikhar

Abstract No.	Title of presentation	Authors
ICPB-23-10	Placement of Forensic Psychology in the Legal System of Pakistan	Sumbul Abdul Sattar, Dr. Khalida Tanveer Federal Urdu University of Science and Technology
ICPB-23-11	Cognitive Factors as Determinant of Peaceful Personality: Exploring Moderating Role of Harmony	Samia Mateen ¹ , Sara Mehmood ¹ , Motasem Mirza ² , Rizwana Amin ² ¹ Bahauddin Zakariya University, Multan, ² Bahria University Lahore
ICPB-23-12	Integrating Peace Education in ESL Instruction: Analyzing Policies, Challenges and Opportunities in Pakistan	Dr. Rabiah Rustam COMSATS University Islamabad, Abbottabad Campus
ICPB-23-13	Perceptions of Teachers about the Use of Humor in Creating Peaceful Environment in English Classroom	Mahnour Khan & Dr. Aasia Nusrat COMSATS University Islamabad, Lahore.
ICPB-23-21	Role of Client Dynamics in the Counselors' Therapeutic Competence	Dr. Shakeela Ibrahim, Jaweria Sultan COMSATS University Islamabad, Islamabad Campus
ICPB-23-42	A Legal Study on Child Abuse and Peace Building: Efficacy of Laws in Pakistan to Deter Child Abuse	Amna Rehman ¹ , Muhammad Farooq ² , Ali Shouzab ³ ¹ Kinnaird College for Women University, Lahore, ² UCP ³ University of the Punjab
ICPB-23-50	The Instrumental role of Peace Study Curriculum for Societal Transformations in Religious Seminaries of Pakistan	Huma Ejaz Musferah Mehfooz COMSATS University Lahore
ICPB-23-63	Development of Attitude Scale for Undergraduate Students: A Measure of Being at Peace	Dr. Samra Bashir & Dr Sadia Shouqat University of Education, Lahore
ICPB-23-89	Work place bullying, resilience and psychological distress during covid 19 in hospital	Dr. Wizra Saeed, Bisma Abid Bahria University Islamabad Riphah University & Ms. Naseem Irfan, Bahria University Islamabad
ICPB-23-106	Peace Education & Peacebuilding In Mainstream Education System In 21 st Century	Dr. Tayyaba Zarif, Dr. Safia Urooj, Dr. Rizwana & Dr. Wahaj Muhammad Khan Shaheed Benazir Bhutto University, University of Karachi

Day 2: March 16, 2023

Online Sessions 9:00 AM – 11:00 AM

Venue: Seminar Room

Session Chair: Prof. Dr. Najma Najam

Session In charge: Dr. Javaria Farooqui

Moderator: Ms Amna Naveed

9:00 – 9:20 AM	Ms. Anupriya Kukreja , Executive Committee member, Teachers College, Columbia University; APA Division 48 Topic :“ <i>Non-WEIRD Representation in Social Psychology Literature: Challenges and Avenues for Indo-Pak Intergroup Conflict and Contact Research</i> ”
9:20 – 9:40 AM	Dr. Muhammad Zeeshan Topic: <i>Psychological trauma, Mental peace, Depersonalization and Drug Addiction: Neurobiology, Neuroception and much more.</i>
9:40 – 10:00 AM	Dr. Faramarz Asanjarani , University of Isfahan, Iran Topic: <i>Violence at School: Development of A Measure to Investigate Teachers’ Attitude toward Bullying and Cyber-Bullying</i>
10:00 – 10:20 AM	Prof. Dr. Cristina J. Montiel , Ateneo de Manila University Topic: <i>Doing Peace Psychology Research in the Global South</i>
10:20 – 10:40 AM	Prof. Dr. Feggy Ostrosky , National University of Mexico, Mexico. Topic: <i>Neurobiology of Violence: Causes and Prevention</i>
10:40 – 11:00 AM	Mr. John Darryl , Executive Director, Educator/Learner, Leader, Developer of Young People, Change Agent, Technologist Topic: <i>Reproductive Rights: Black Infant and Maternal Mortality Rates in the United States—Inaudible Racism?</i>

Day 2: March 16, 2023

SESSION: 3-A

Venue: A6

9:30- 11:00 AM

Theme: Abuse and Violence: A Threat to Peace and Mental Health

Session Chair1: Prof. Dr. Saima Dawood

Session Chair2: Dr. Imran Ijaz Haider

Session In-charge: Dr. Sara Khan

Moderator: Ms. Noor-ul-Ain

Facilitators: Aysha Bibi, Rabia Qamar, Shiza Chaudhary

Abstract No.	Title of presentation	Authors
ICPB 23-24	Exploring the risk factors of Suicide attempters among Young Individuals	Dr. Khalida Tanveer, Federal Urdu University of Arts, Science & Technology
ICPB-23-43	Workplace Bullying, Emotional Regulation and Psychological Wellbeing of the Women Working in Sales Profession	Maryam Amjad & Tasneem Rutaba, COMSATS University Islamabad, Lahore
ICPB-23-45	The Impact of Child Neglect on Career Decision Making Difficulties and Disruptive Behavior among Adolescents	Farwa Nazir & Ms. Misbah Rehman, Riphah International University
ICPB-23-68	Mental Health and Coping Styles of Acid Bum Victims Concerning their Demographic Characteristics	Dr.Muneeba Shakil, Barrira Awan, & Dr. Farzana Ashraf, COMSATS University Islamabad, Lahore
ICPB-23-69	Association of Perceived Addiction to Obscene Content with Guilt, Obsession, and Verbal Abuse in Young Adults	Saif Ali, Farzana Ashraf, Shazia Aziz, COMSATS University Islamabad, Lahore
ICPB 23-81	Street Harassment and Negative Emotional States in Young Women of Lahore, Pakistan	Muneeba Shakil & Amna Akram, COMSATS University Islamabad, Lahore
ICPB-23-97	Causes of Increasing Divorce Rates in Young Adults in Pakistan a Qualitative Study	Khalida Rauf & Muhammad Ahmed, Federal Urdu University of Arts, Science & Technology
ICPB-23-103	Exploring Prevalence of teacher's bullying among university students and its coping styles in 21 st century	Dr. Anila Mukhtar, Dr. Safia Urooj, Ms. Hafsa Tahir & Ms Sarah Khan, Department of psychology University of Karachi
ICPB-23-110	In the Abyss of Structural Violence: Manifestation of Peace Crises in Nemrah Ahmed's Namal	Musfira Tayyab, Institute of English Studies University of the Punjab
ICPB-23-119	Exploring prevalence of Teachers' Bullying among University Students and Its Coping Styles in 21 st Century	Dr. Anila Mukhtar, Dr Safia Urooj, Dr Wahaj Muhammad Khan, University of Karachi
ICPB-23-161	Effects of Optimism and Forgiveness on the Quality of Life of The Men Patients Diagnosed with Substance Use Disorder	Aimen Ali & Dr. Wizra Saeed Chaudhary, Riphah International University, Faisalabad

Day 2: March 16, 2023
Venue: A3

SESSION: 4-A

11:00 -12:30 PM

Theme: Discrimination and Violence: Minorities and Special Groups

Session Chair1: Dr. Adam Saud

Session Chair2: Dr. Anila Mukhtar

Session In-charge: Dr. Javaria Farooqui

Moderator: Ms. Tooba Ahmad

Facilitators: Shifa Ahmed, Shayyan Ahmed, Satguru Piyari

Abstract No.	Title of presentation	Authors
ICPB-23-23	Intersectional Stigma, Wellbeing and Living Outcomes in Sex Workers of Lahore	Zaryab Fatima & Farhan Hashmi, GCU Lahore
ICPB-23-55	Intergenerational Trauma, Perceived Discrimination, and Social Exclusion amongst Religious Minorities in Pakistan	Hafsa Altaf & Dr. Masha Ahmad Khan, Kinnaird college for Women Lahore
ICPB-23-56	Work family conflict, Emotional Dissonance, and Burn out among police personnel	Tayyaba Rasheed & Zunera Tariq, IAP University of the Punjab
ICPB-23-66	Criminogenic Thinking Patterns in Incarcerated Offenders: History of Crime Record, General Mental State, and the Role of Negative affect	Dr. Shameem Fatima & Faiza Batool, COMSATS University Islamabad, Lahore, National University of Modern Languages, Islamabad
ICPB-23-79	Exploring Collective Trauma and Support Needs of Queer Community in Pakistan: A Phenomenological Study	Nayab Imtiaz & Zohaib Ahmed, University of Lahore
ICPB-23-88	Sociocultural Pragmatic Markers in Discourses of Drug Addicts: A Discursive Psychological Perspective	Tanzeela Iqbal, Dr. Muneeba Shakil, & Dr Sara Khan, CUI Lahore
ICPB-23-99	A Randomized Controlled Trial of a Forgiveness Intervention Program with Female Acid Attack Survivors in Pakistan	Dr Rabia Iftikhar & Zaineb Haroon, GCU Lahore
ICPB-23-107	Educating Forgiveness Therapy in Reducing Anger and Depression in Transgender	Dr. Rabia Iftikhar & Shehreen Asim, Govt. College University Lahore
ICPB-23-180	Self-Objectification and Social Relationship: The Mediating Role of Appearance Anxiety among Women with Obesity	Haider Murtaza & Sidrah Kanwal, Riphah International University Lahore

Day 2: March 16, 2023
Venue: Seminar Room

SESSION: 4-B

11:00 - 12:30 PM

Theme: Peace Building: Religious Perspectives

Guest Talk: *Conflict Resolution, Peace Building and Mental Health: An Islamic Perspective*
Dr Nyla Anjum, Associate Professor of Psychology/Principal GCWDN

Session Chair1: Dr. Nyla Anjum

Session Chair2: Dr. Yousaf Jamal

Session In-charge: Ms. Samiya Shehzad

Moderator: Ms. Sadaf Fatima

Facilitators: Rida Hafeez, Maryam Asif, Mahnoor Shaheryar

Abstract No.	Title of presentation	Authors
ICPB-23-16	Conflict Resolution from an Islamic Perspective: A Descriptive Study of Quran and Hadith	Dr. Zainab Sadiq, COMSATS University
ICPB-23-33	Peace of Mind, Solace, and Character Building in Islam	Qazi Ijaz Nabi Sadat & Muhammad Usman Ghani, International Islamic University
ICPB-23-41	Religion: An origin of Social and mental peace	Muhammad Usman Ghani & Muhammad Zaheer, International Islamic University
ICPB-23-60	Efficacy of SALAM Model as an Intervention-Based Conflict Resolution Model	Dr. Sonia Mairaj Ahmad & Wajeeha Nisar Khan, University of Central Punjab, Lahore
ICPB-23-76	The Role of Peace in Stability of the Society: A Religious Perspective	Dr. Musferah Mehfooz & Kainat Ijaz, CUI Lahore
ICPB-23-80	Significant Role of Early Muslim Polities for Safeguarding Places of Worship to Promote Interfaith Harmony & Social Cohesion	Dr. Musferah Mehfooz & Wajeeha Nadeem, CUI Lahore
ICPB-23-82	Building Peace through Poetry: A Sufi Perspective	Dr. Sardar Muhammad, CUI Abbottabad Campus
ICPB-23-100	Conceptualization of Social Capital in Mental Health Context among Adolescents and Adults	Sabeen Shamsher, Dr. Rabia Khawar, Dr. Rizwana Amin, Dr. Imtiaz Ahmad Dogar, Ms Hira Ahmed, Mrs Azra Aziz, & Samavia Hussain, GCU Faisalabad, Bahria University Islamabad, District Head Quarters and Allied Hospitals, Faisalabad, National Institute of Population Studies, Islamabad

Day 2: March 16, 2023
Venue: A5

SESSION: 4-C

11:00- 12:30 PM

Theme: Religion, Human Rights and Peace

Guest Talk: *Youth as Peace Builders: Enhancing Youth Resilience & Building Peace*, Ms. Mubashra Tayyaba, Acting Chairman, President YPA, Consultant Clinical Psychologist, CBT Therapist and Life Coach, Lahore

Session Chair1: Dr. Amina Obaid

Session Chair2: Dr. Amena Zehra Ali

Session In-charge: Ms. Shamana Muddasr

Moderator: Dr. Muneeba Shakil

Facilitators: Laiba Seemab, Anum Maqsood, Iqra Ramzan

Abstract No.	Title of presentation	Authors
ICPB-23-18	Conformity in Moral Decision Making	Dr. Amena Zehra Ali & Dr Anila Mukhtar, Karachi University, Karachi
ICPB-23-02	Human Values in the Light of Islamic Teachings regarding War and Peace: An Applied Research Analysis	M Taha Ibrahim Dehlvi & Hafiz Zakirullah, Uuniversity of Lahore
ICPB-23-03	The concept and scope of service to humanity: An applied study in the light of Seerat un Nabiﷺ	Muhammad Azam, Department of Islamic Studies, University of Lahore
ICPB-23-28	A solution to the increasing religious violence in the society in the light of Sirat Tayyaba	Dr. Hafiz Muhammad Ishaq & Jawaria Hanif, University of Chakwal
ICPB-23-30	Religiosity, Personal Growth and Social Adjustment in Adults	Muhamad Ibrar & Dr. Memoona Mushtaq, Govt. MAO College Lahore
ICPB-23-32	Protecting Human Rights and Peace building: A Complex and Dynamic Relationship	Naheeda Ali, University of the Punjab
ICPB-23-37	Marital conflicts and Loneliness among Women having Sexually Unfaithful Spouses	Hina Sultan ¹ & Ghulam Ishaq ² 1Leads University 2University of Lahore
ICPB-23-61	The Islamic Concept of Human Rights: Strategic Implications and Implementations	Saad Jaffar, University of Science and Technology, KPK
ICPB-23-83	Religious Orientation, Spirituality and Psychological Wellbeing among Young and Middle-Aged Adults	Dr. Rehana Mushtaq & Prof. Dr. Sayeda Salma Hasan, Riphah International University, Lahore, GCU Lahore

Day 2: March 16, 2023
Venue: A6

SESSION: 4-D

11:00-12:30 PM

Theme: Religion, Interfaith Harmony, and Peace Building

Session Chair1: Prof. Dr. Sara Shahed
Session In-charge: Dr. Musferah Mehfooz
Facilitators: Rabia Shahbeer, Maham, Gull Maida

Session Chair2: Dr. Khawar Bilal
Moderator: Ms. Bareera Saeed

Abstract No.	Title of presentation	Authors
ICPB-23-14	Religion and Peaceful Society	Dr. Hafiz Atif Iqbal, Govt. Islamia College, Railway Road, Lahore, Pakistan.
ICPB-23-15	Religious Tourism as a Peacebuilding Tool in Pakistan: A Contemporary Paradigm for Interfaith Relations	Dr. Sumera Sharif & Aqsa Tasgheer, University of Lahore, University of the Punjab
ICPB-23-27	“Unity in diversity”, an Islamic Approach to Peaceful Coexistence based on Textual Analysis of the Holy Quran and Sunnah	Shamana Muddassar, CUI, Lahore Campus
ICPB-23-29	Understanding the Role of Prophetic Era for peace Building: Analysis in light of present context	Abdul Waheed Asad, University of the Punjab
ICPB-23-40	The role of religion in promoting interfaith harmony and peace	Dr. Syed Mubashir Kazmi, University of Lahore
ICPB-23-72	Religious Guidance in Peace Building: Role of Islam In Global Peace Building And Consonance	Mr. Zia Ur Rehman, The University of Punjab Lahore Pakistan
ICPB-23-75	Pursuing Mental and Spiritual Wellbeing through Connection to God: Utilizing the Lens of the Holy Quran and Hadith	Iffat Khalid, COMSATS University Islamabad, Lahore
ICPB-23-90	Peacebuilding in Society and its Contemporary Requirements in Perspective of Islamic Religion: A Research Study	Dr. S Muhammad Tahir Shah, Govt. Graduate College Satellite Town Rawalpindi
ICPB-23-183	Importance and Effects of Interfaith Harmony Among Semitic Religion	Kubra Begum & Mudassir Iqbal

List of Poster Presentations

Poster Judges: Dr. Nida Zafar, Assistant Professor, LGU, Lahore, **Dr. Faiqa Yaseen**, Assistant Professor, LGU, Lahore, **Facilitators: Mafia Ameer**, Aiman Ahad

Abstract No.	Title of presentation	Authors
ICPB-23-01	Relationship between Body Image, Self-Esteem, and Self-Acceptance Among University Students – A Qualitative Study	Dr. Shakeela Ibrahim, Ifrah Nisar, Ayesha Altaf COMSATS University Islamabad, Islamabad Campus
ICPB-23-20	To check the impact of Self-oriented Perfectionism on Academic Engagement among University Students.	Nazia Parveen, Dr. Maria Anwar Khan The Women University Multan National University of Modern Languages Multan
ICPB-23-31	Linguistic Pattern in People with Major Depressive Disorder	Maryam Khalid, Dr Muneeba Shakil CUI Lahore
ICPB-23-36	A Post-Colonial study of “A Passage to India”	Ashir Khan, Dr Asia Nusrat COMSATS University Islamabad, Lahore Campus
ICPB-23-39	Internal marketing and student participation: investigating mediating role of supervisor’s in role and extra role behaviors	Hasnain Haider COMSATS University Islamabad, Lahore Campus
ICPB-23-47	Social Media Use and Body dissatisfaction among University Students.	Mahnoor Amjad , Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-58	The impact of objectified body consciousness and self-esteem on adults	Rimsha Rehman, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-64	Internet addiction and its effect on mental health	Kinza hameed, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-71	Link of Suicidal Ideation with Tendencies of Corporal Punishment of Children and Intimate Violence	Muhammad Ahtsham Ul Haq, Dr. Farzana Ashraf COMSATS University Islamabad, Lahore Campus
ICPB-23-78	Relationship between Perfectionism, Burnout and Suicidal Ideation among University students	Areej Asif, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-77	Role of social media in increasing Aggression and violence in young adults	Nisha Khan , Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-84	Social Anxiety Effects upon Students	Iqra Sultan, Dr Mian Muhammad

	Performance	Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-86	Exploring Attitude Towards Victim Mentality: A Vignette Study	Haleema Bukhari, Tayyaba Hanif
ICPB-23-87	Resolving Conflict in Universities: Gender Differences in Emotional Empathy and Self- Regulation	Urooj Niaz, Dr Summaya Batool University of Sragodha, Sargodha
ICPB-23-107	Harassment, Social Support, Coping Strategies, and Psychological Well-being in Young Women	Shumesa Rauf, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-108	Depression, Anxiety, and Stress, in Pakistani Juveniles: An Identification of Risk to Mental Health	Muhammad Tahir, Dr Farzana Ashraf COMSATS University Islamabad
ICPB-23-109	Social Interaction Anxiety and Psychological Distress among young adults of Pakistan.	Aima Adil, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-111	Effect of Self-esteem on aggressive behavior among university students.	Maham Anwar, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-112	Examination of aggression level between married and unmarried woman.	Isma Batool, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-113	Cyberbullying/Victimization and psychological adjustments in university students.	Aqeela Fatima, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-114	Effects of Smoking on Cognitive Functioning	Nimra Zubair, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-115	Effect of Workplace bullying on Job performance and Job stress	Hamna Shafique, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-164	Gender differences and Psychological Factors associated with Suicidal Ideation	Aqsa Iftikhar, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-165	The protective effect of religion spirituality on mental health and mental illness across adults	Maryam Nawaz, Dr Mian Muhammad Farooq COMSATS University Islamabad, Lahore Campus
ICPB-23-166	Numbness State When Some Bad or Traumatic Event Occur in Our Lives	Esha Nawaz, Dr Mian Muhammad Farooq, COMSATS University Islamabad, Lahore Campus

Closing Ceremony

12:30 –2:00 PM

Moderator Closing Session: Dr. Muneeba Shakil

Facilitators: Muhammad Ahtasham ul Haq, Ruman Jameel, Jaweria Saeed

12:30 PM	Recitation from the Holy Quran
12:40 PM	Poster Competition: Result Announcement Dr. Musferah Mehfooz: Head, Department of Humanities, CUI Lahore
12:50 PM	Address by Chief Guest: Prof. Dr. Syed Asad Hussain Director, CUI Lahore
1:00 PM	Address: Role of Social Activism and Youth Societies in Peace Building Mr. Fareed Ahmad, Chairman Young Psychological Society, Pakistan
1:10 PM	Vote of Thanks: Dr. Shameem Fatima Chairperson, Department of Humanities, CUI
1:20 PM	Presentation of Shields and Certificates
1:30 PM	Refreshment