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## Sphingolipid and pluronic® polymer based solid lipid nanoparticles of docetaxel for enhanced bioavailability and to overcome MDR

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**Purpose.** Ceramide or TMP-I based docetaxel solid lipid nanoparticles were prepared using Trymyristin as main lipid containing P85 for intravenous delivery to overcome multi drug resistance.

**Methods.** The prepared nanoparticles were characterized by TEM, particle size analysis, drug content, cellular uptake and cytotoxicity in resistant breast cancer cell line MCF-7 ADR. The docetaxel nanoparticles composed of ceramide or TMP-I with P85 and Trimyristine with a mean diameter of 80 -150 nm were prepared by hot high pressure homogenization. The drug release was low compared to Taxotere® ensure a long time drug release profile. The prepared SLNs showed higher cellular uptake compared to control formulation in the resistant cell line MCF-7 ADR. This is further ensured by the confocal laser scanning microscopy (CLSM) study using coumarin 6 (C6) cellular uptake studies. The in vitro cytotoxicity study showed that the prepared nanoparticles significantly increased cytotoxic effect in the resistant cell line than that of control.

**Results.** In vivo pharmacokinetic study in rats at 10 mg/Kg dose showed that the nanoparticles significantly increased the bioavailability (2 fold) than Taxotere®. Antitumor activity of the prepared nanoparticles was assessed in MCF-7ADR cancer Xenograft BALB/C nude mice models showed that the ceramide and TMP-I SLNs significantly reduced the tumor size than Taxotere®.

**Conclusion.** This study showed that TMP-I and ceramide6 based SLNs significantly enhanced the bioavailability and effective on the resistant tumor. Thus, these formulations could be effective in the treatment of resistant tumors.